



Renal Section

Fluids, Electrolytes, AKI/ARF, Renal Support

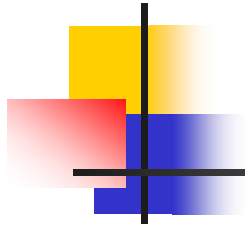
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Section of Trauma, Surgical Critical Care and
Surgical Emergencies

Tactical Police Surgeon

North Haven/North Branford PD



Objectives

- Fluids
 - Resuscitation
 - Crystalloids vs colloids
 - Blood
 - Maintenance
- Common electrolyte management issues
- AKI and ARF
- Renal support methods



Resuscitation Fluids

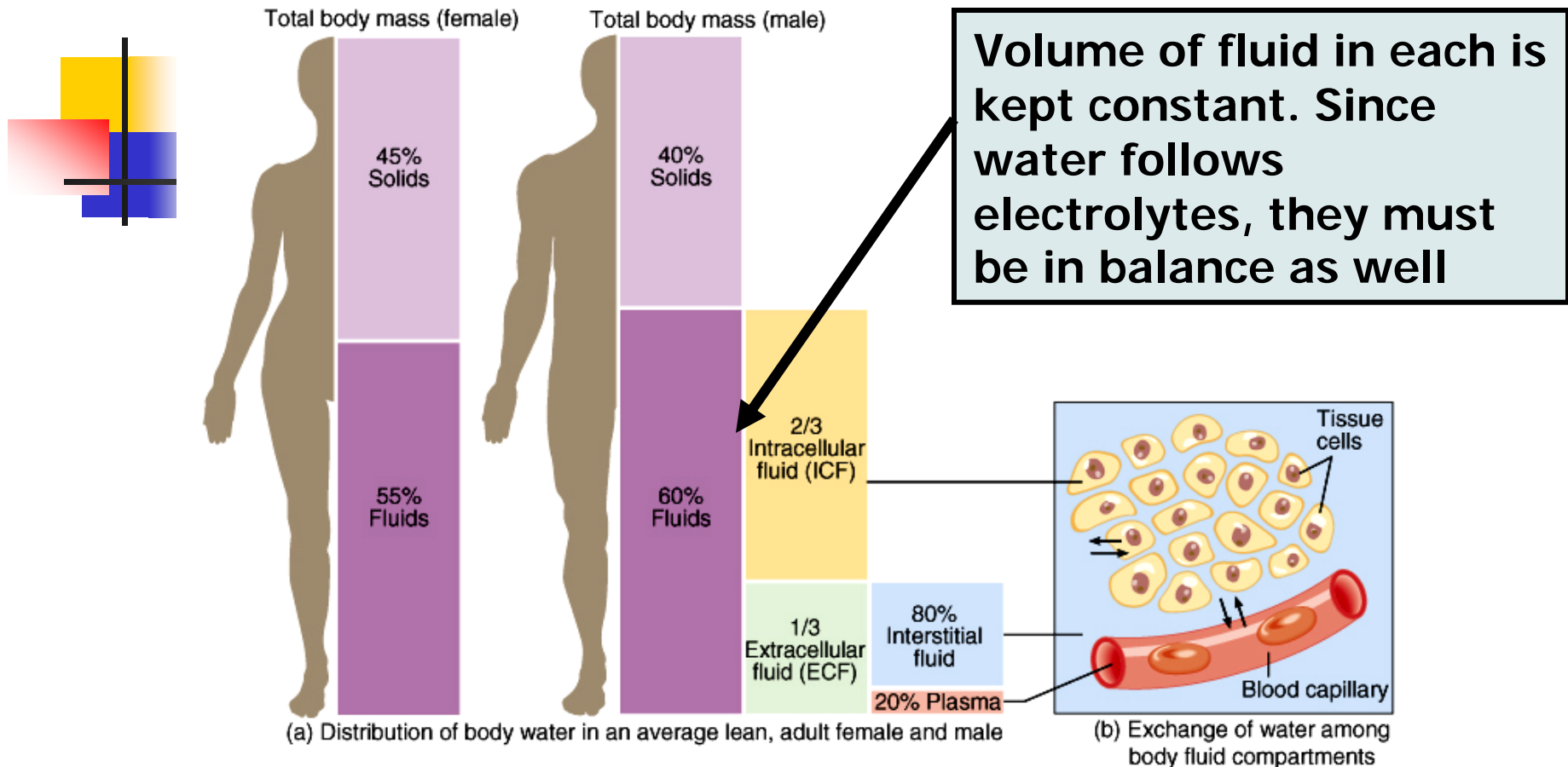
- Goal
 - Restore effective circulating volume for appropriate end-organ perfusion, DO_2/VO_2
- Types of FDA approved fluids
 - Crystalloids
 - Colloids
 - Whole blood
 - Component blood products



Resuscitation Fluids

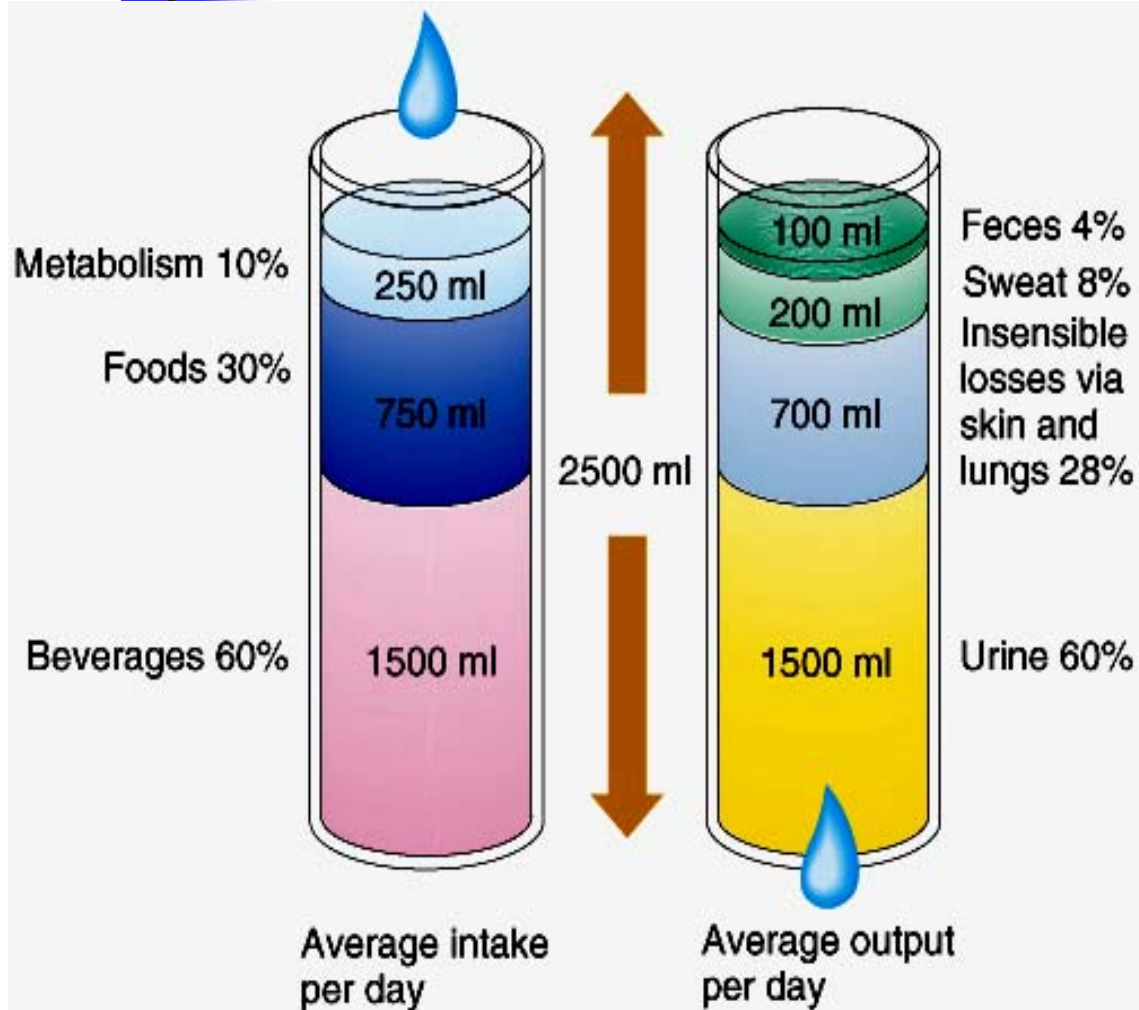
- Crystalloid vs Colloid
 - Often a matter of religion
 - Emerging science (esp. with crystalloid excess)
 - Abdominal compartment syndrome, edema
- Crystalloids
 - Normotonic fluids, NO DEXTROSE
 - Avoid inducing an osmotic diuresis!
 - Compartment physiology
 - ECF, plasma space, intracellular

Balance Between Fluid Compartments



- Only 2 places for exchange between compartments:
 - cell membranes (intracellular vs interstitial)
 - Only capillary walls permit exchange (plasma → interstitial)

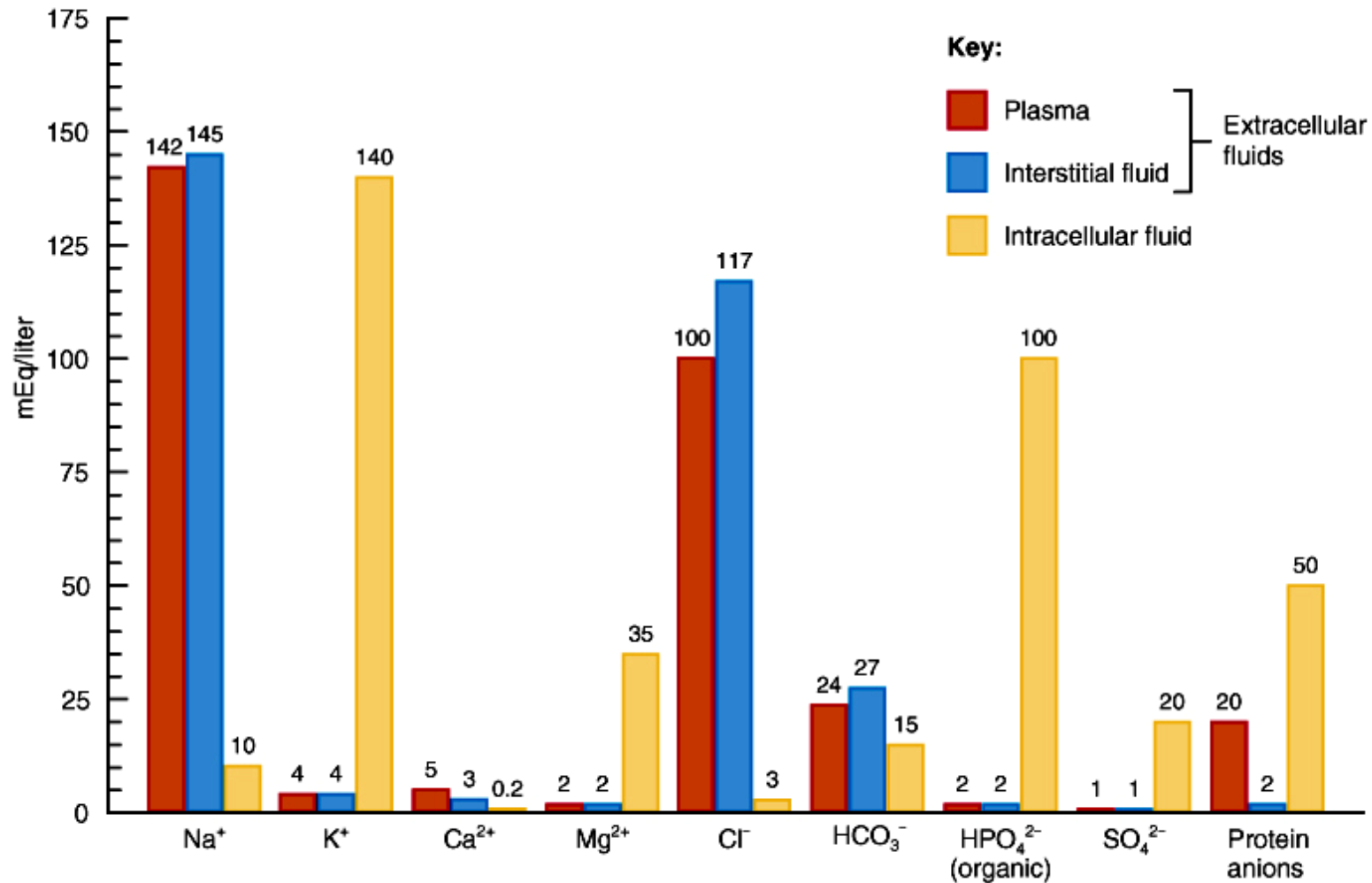
Body Water Gain and Loss



Body Water Content

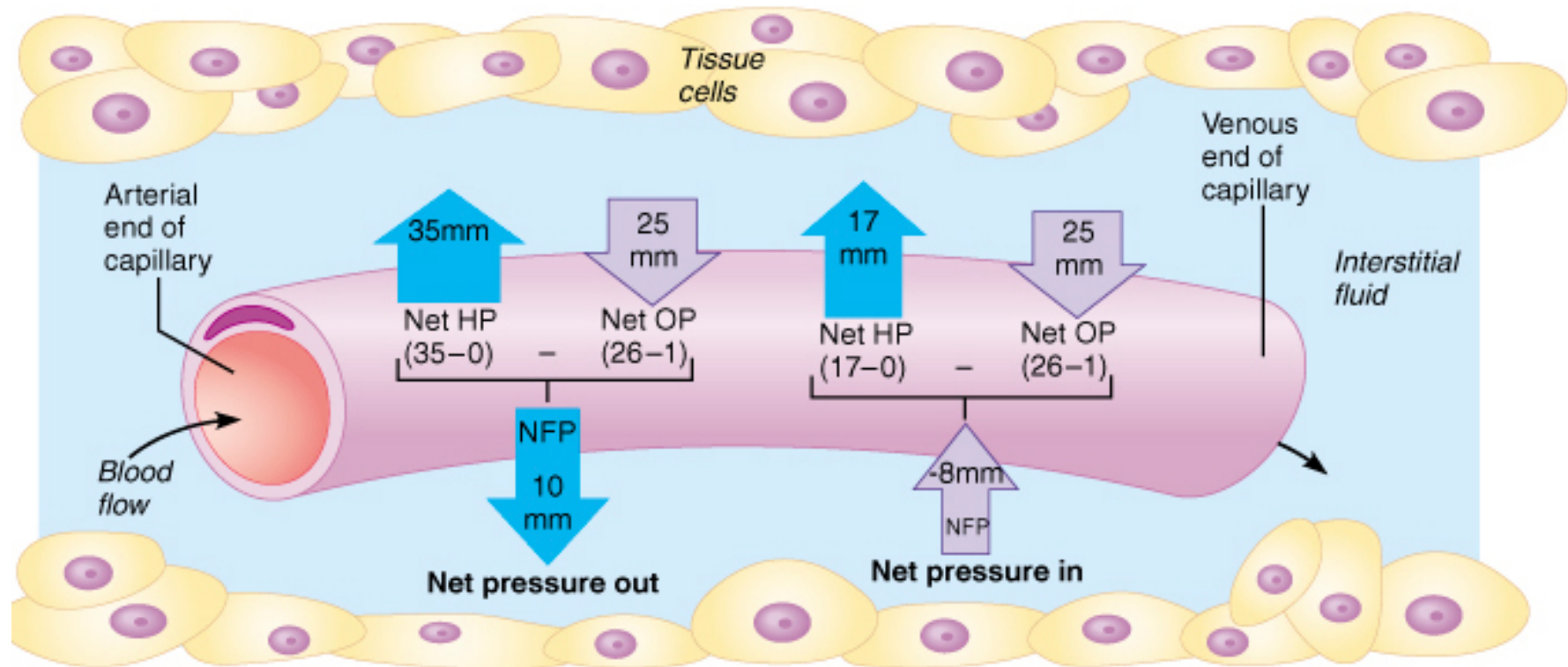
- 45-75% body weight
 - declines with age
 - fat has ~ no water
- Gains
 - Intake (po)
 - Metabolic H₂O (aerobic respiration)
 - dehydration synthesis reactions
 - Total = 2500 mL/day
- Normally gain = loss

Comparison Between Fluid Compartments



- Plasma proteins >> interstitial
- colloid osmotic pressure

Starling Forces



Key to pressure values:

HP_c at arterial end = 35 mm Hg HP_{if} = 0 mm Hg OP_{if} = 1 mm Hg
 HP_c at venous end = 17 mm Hg OP_c = 26 mm Hg



Crystalloids for Resuscitation

- 0.9% NSS
- Lactated Ringer's solution
- Other fluids
 - Plasmalyte
 - Normosol



Electrolyte Composition



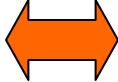






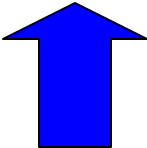
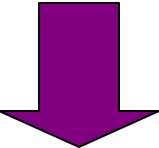
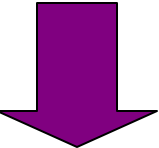
Type	Na	Cl	K	Mg	Ca	LA
NSS	154	154	0	0	0	0
LR	130	110	3.3	2.8	4.5	28
Plasma	140	100	4	2	4.5	2



Resuscitation Fluid Volume

- General rule (*may not apply with sepsis*)
 - Whole blood loss replaced with 3 times as much crystalloid
 - 1 L EBL = 3 L crystalloid
- Intravascular retention
 - Health: 25% of infused crystalloid
 - 2000 cc infused = 500 cc retained
 - 10% plasma volume expansion (ATLS)

Classes of Hemorrhagic Shock

Class	HR	SBP	PP	EBV	Rx
I				< 15%	Crystalloid
II				15-30%	\pm Colloid
III		 < 90		30-40%	PRBC
IV				> 40%	PRBC

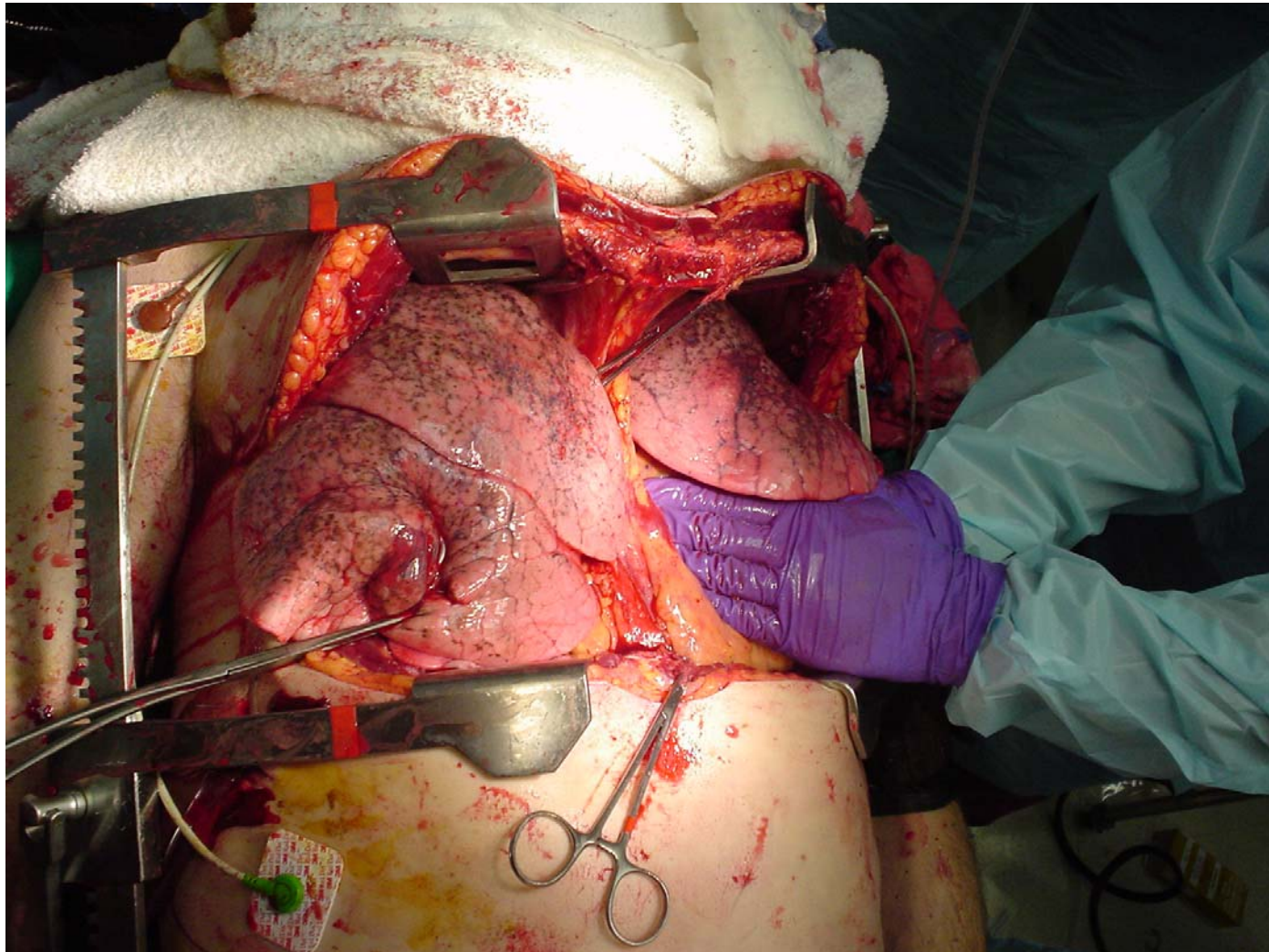


Efficacy of Resuscitation Fluids

- ATLS
 - 2000 cc crystalloid
 - 25% vascular retention = 500 cc bolus
 - 10% circulating volume expansion
- Excessive crystalloids may lead to:
 - Tissue edema, HCMA
 - Coagulopathy, ALI/ARDS
 - Abdominal Compartment Syndrome

Ditillo M, et al. [Core Topics: Intra-abdominal Hypertension](#) 2010
Kaplan LJ, et al. *Curr Op Crit Care*; 2010; 16(4):323-31

Account for Cavity Losses

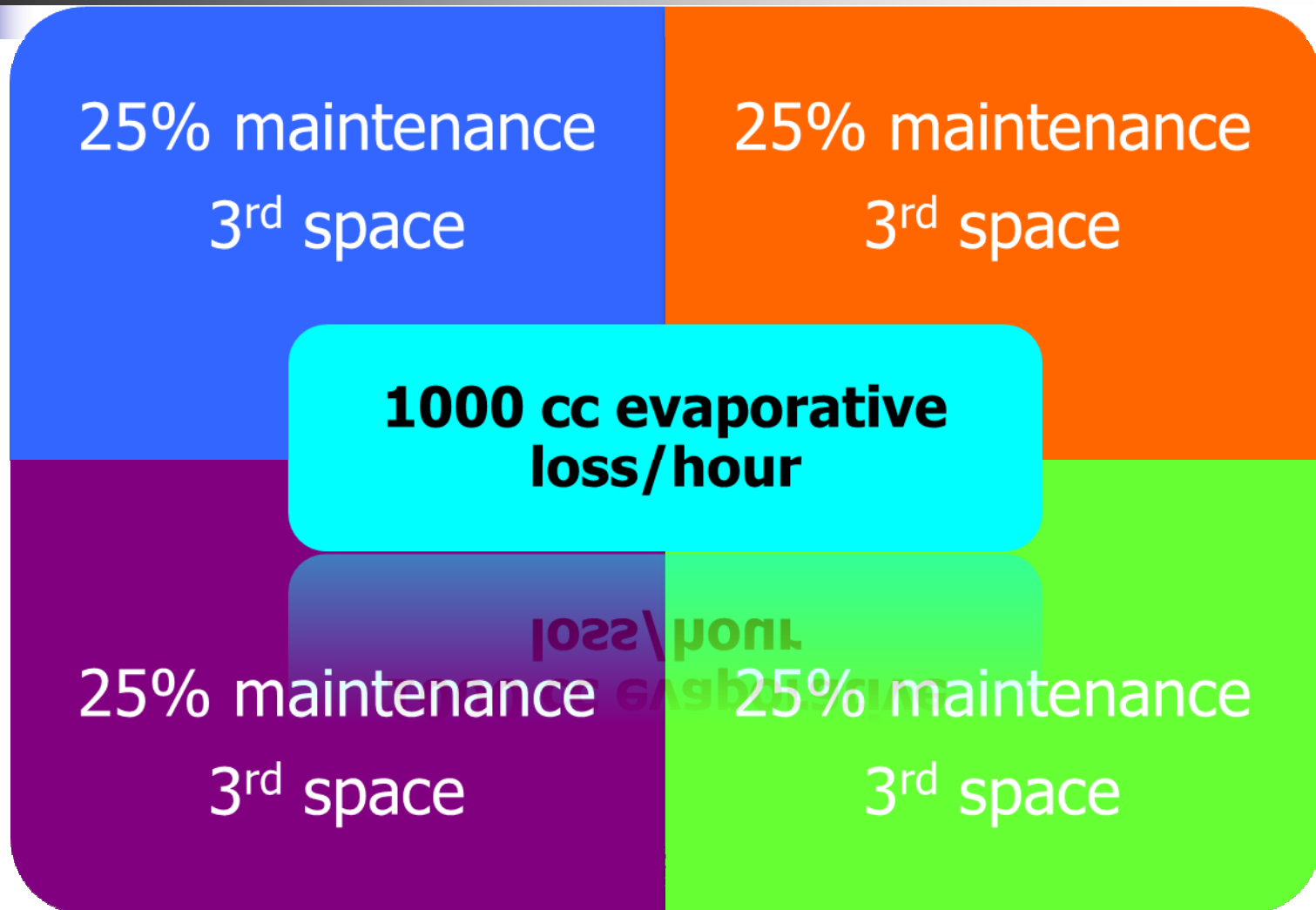


Account for Ongoing Losses

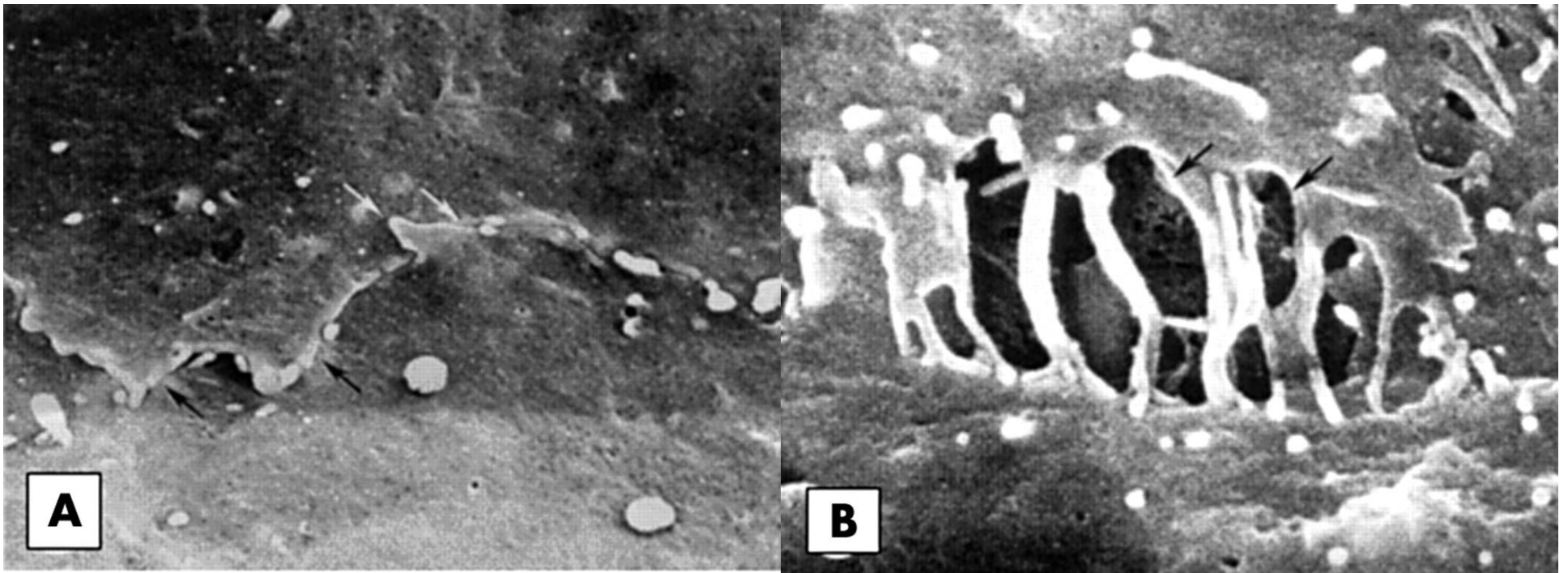




Evaporation and 3rd Space



Capillary Leak



Gosling P. *Emerg Med J* 2003; 20:306-15



Colloid Resuscitation

- Ultimate colloid is whole blood
 - Military “buddy” transfusion
- Damage control resuscitation
 - Barbeau JM, et al. *J Trauma* 2010; 69(1):46-52
 - Blood product ratio 1:1:1
 - Poorly followed in existing MTP
 - Schuster KM, et al. *Transfusion* 2010; 50:1545-51
- Standard outside of the US
 - 1:1::infusion:retention ratio



Starches

- Molecular weight (MW)
 - Larger molecular size
 - Vascular retention; increases $t^{1/2}$
 - 7.0nm pore size admits 108kDa molecule
 - Albumin: 60kDa --> ~ 5.3nm pore size
 - [Fournier RL. Basic transport phenomena in biologic engineering. Taylor & Francis, Phila, PA 1999; 23-60](#)
- Degree of substitution (DS)
 - # hydroxyethyl gps/100 glucose groups
 - Large DS increases $t^{1/2}$



Glucose, Sucrose, Starch

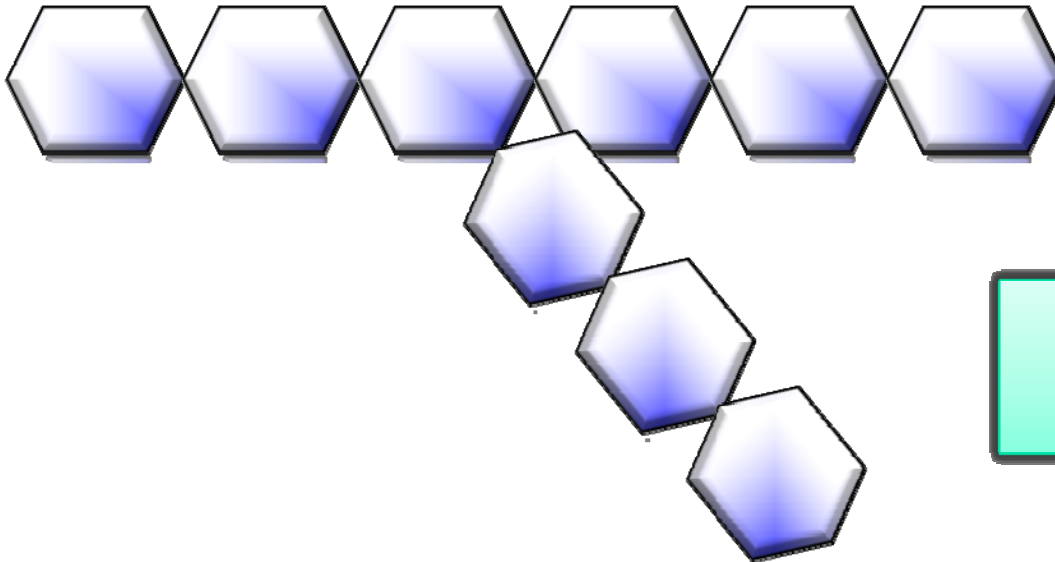
Glucose



Sucrose



Starch



**Potato
Maize**



Starch Terminology

- Heta-starch
 - $DS = 0.7$
- Penta-starch
 - $DS = 0.5$
- Tetra-starch
 - $DS = 0.4$
- Persistence increased with higher DS
 - Originally was desirable
 - Now is a design defect



Colloid Resuscitation

- FDA Approved Products
 - 6% hydroxyethyl starch (HES)
 - 0.9% NSS diluent (Hespan)
 - Balanced salt diluent (Hextend)
 - 6% HES 130/0.4
 - 0.9% NSS diluent (Voluven)
- Presumed effectiveness ratio 1:3
 - Actual ratio 1:1.4
 - Multiple studies (SAFE, VISEP, 6S)



US Colloids

- 5% or 25% human albumin
 - 0.9% NSS diluent only
- Dextran 40% or 70%
 - Hyperoncotic and allergic reactions
- Fresh Frozen Plasma (FFP)
 - Ideal resuscitant
 - Specific criteria for Tx lacking
 - Associated with TRALI, TACO



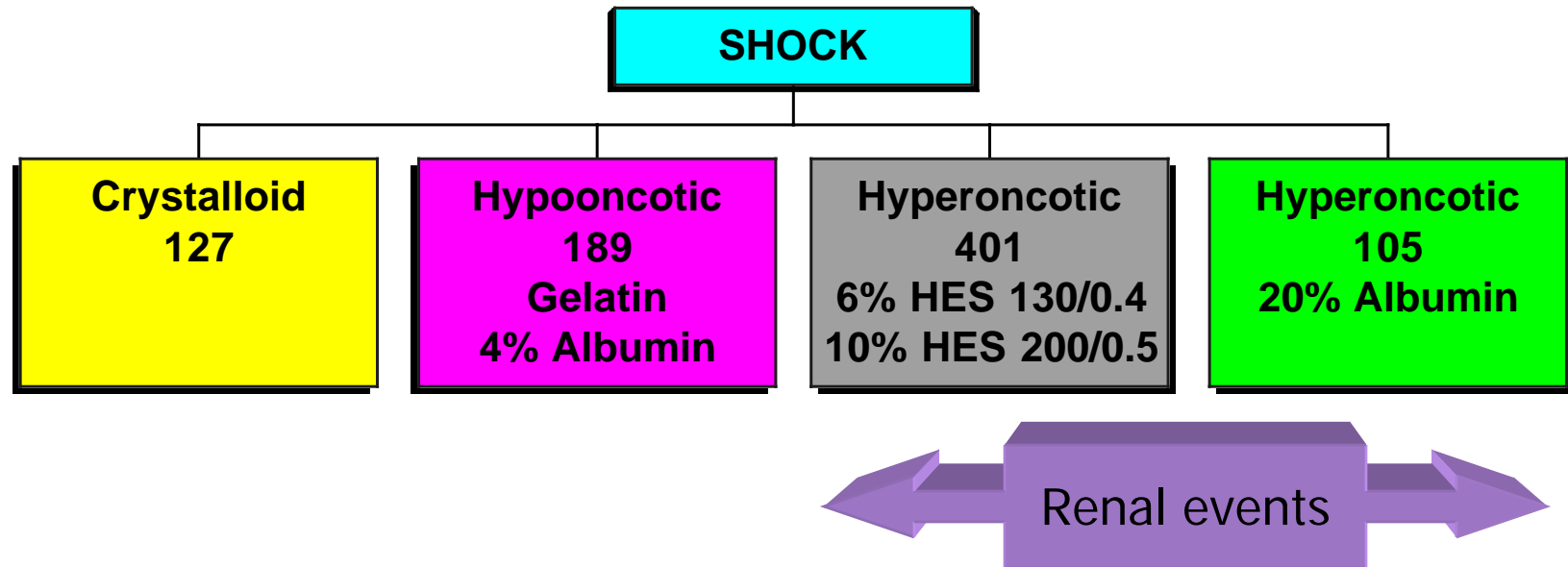
Synthetic Colloids Not For Sepsis Resuscitation

- Strongly implicated in AKI/ARF in sepsis
 - Causality not clear
 - Incorrect comparators (Schortgen, Brunkhorst)
- 6S Study
 - Modern starch in RA vs RA
 - Correct comparator
 - Higher incidence of AKI/ARF and mortality
 - Perner A, et al. 2012



Study Design (n=822)

Oncotic Pressure and Renal Injury



Schortgen F. *Int Care Med* 2008; 34(12):2157-68



Oncoticity and Renal Injury

- Overall mortality: 27.1%
 - Hyperonc albumin: OR 2.79 (1.42-5.47)
- Renal event: 17%
 - Hyperonc colloids: OR 2.48 (1.24-4.57)
 - Hyperonc albumin: OR 5.49 (2.75-13.08)
- Improper usage?
 - Colloids provide little free water
- Dehydration and renal artery vasoconstriction?

Schortgen F. *Int Care Med* 2008; 34(12):2157-68
Honore PM. *Int Care Med* 2008; 34(12):2127-9



WISEP Study

- German: 18 ICUs
 - 4/03 - 6/05; two phases
 - Dual assessment of glycemic control and resuscitation fluid (presumed independent)
 - Tight glucose control
 - RL versus 10% pentastarch (200/0.5) for resuscitation
 - Maintenance fluid?
- Outcomes

Brunkhorst F. *NEJM* 2008; 358: 125-39



WISEP Study

- RRT indications
 - ARF
 - Baseline serum creatinine x 2
 - Need for RRT
 - NO STANDARD CRITERIA FOR RRT
 - Volume overload
 - Hyperkalemia
- Dialysis dose, timing, and method not specified



WISEP Study

- Study aborted due to safety concerns from Data Safety Monitoring Board
 - Arrested in phase 1
 - Hypoglycemia (glucose < 40 mg%)
 - Secondary analysis
 - Trend towards higher mortality with HES
 - Higher rate of RRT/ARF with HES
 - Increased rate of transfusion with HES
- Are these results valid and generalizable?

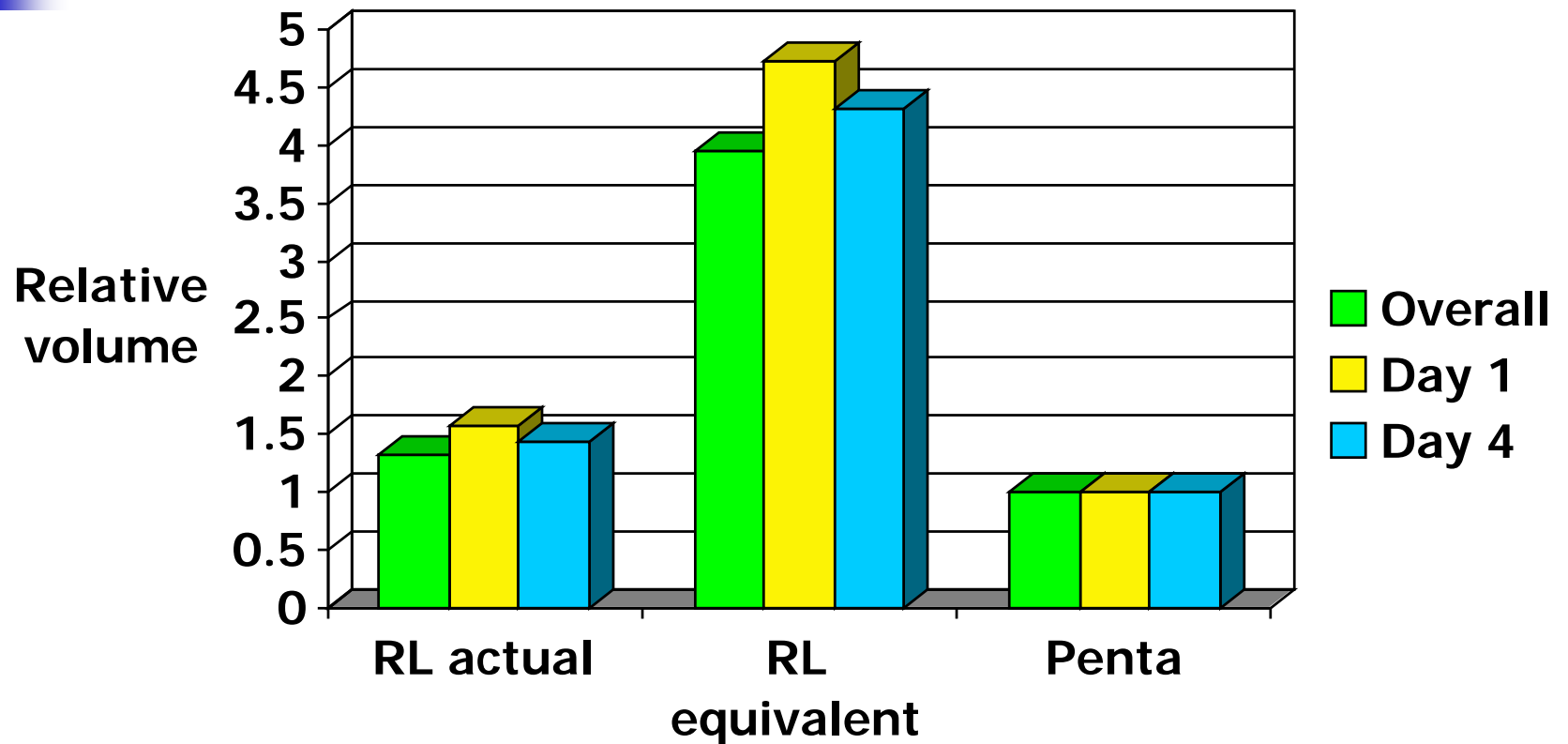


WISEP: Operations ($p=0.04$)

Category	Ringers Lactate	Pentastarch
Elective	18.2%	13.7%
Emergent	32%	42%
No OR	49.8%	43.9%

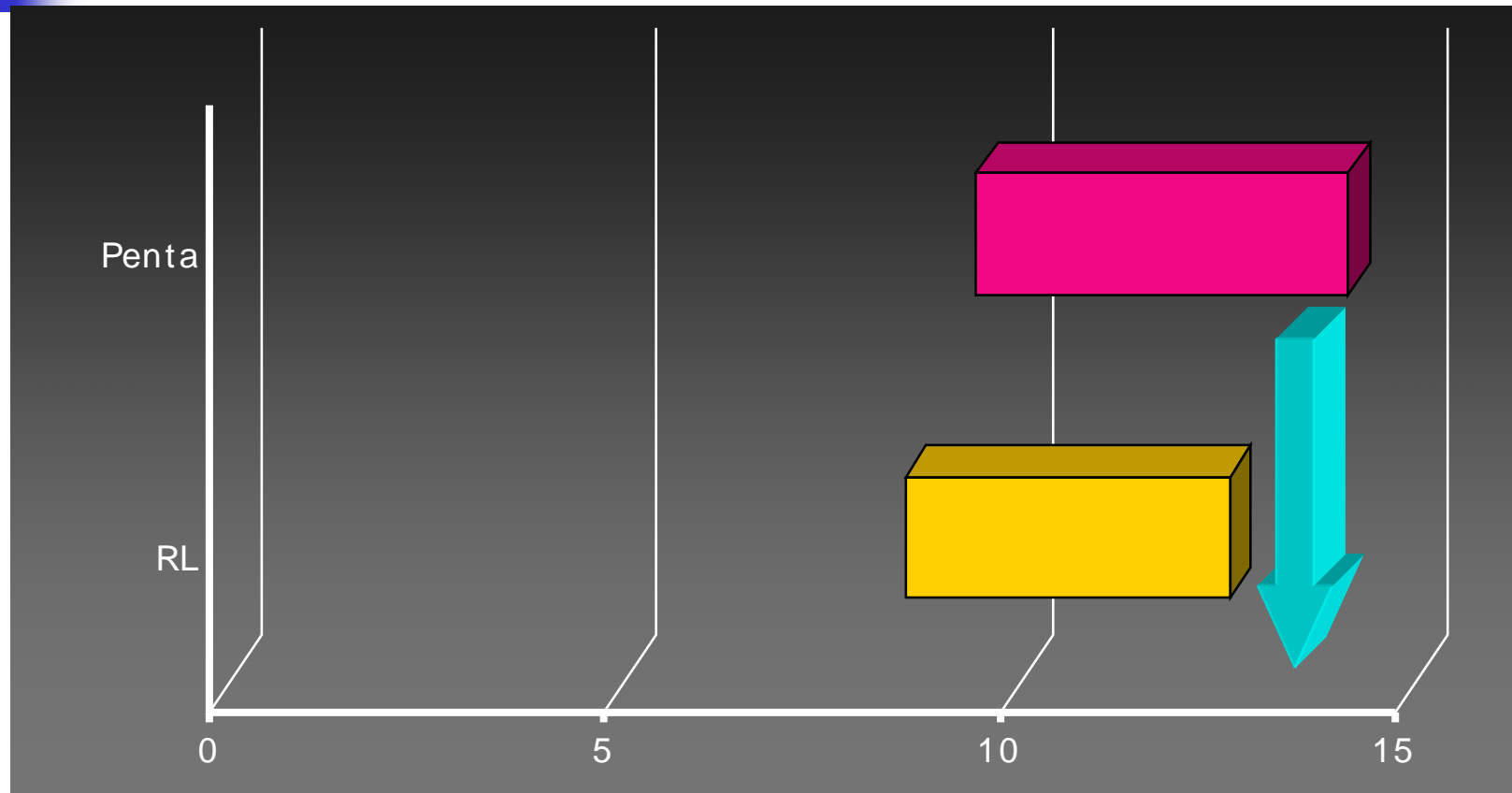
**Greater emergent OR, less non-op management
High-risk population for ATN and ARF**

WISEP: Fluid Volumes



Indexed to Pentastarch volume
Median dose = 70.4 ml/kg bw

WISEP: CVP and PRBC

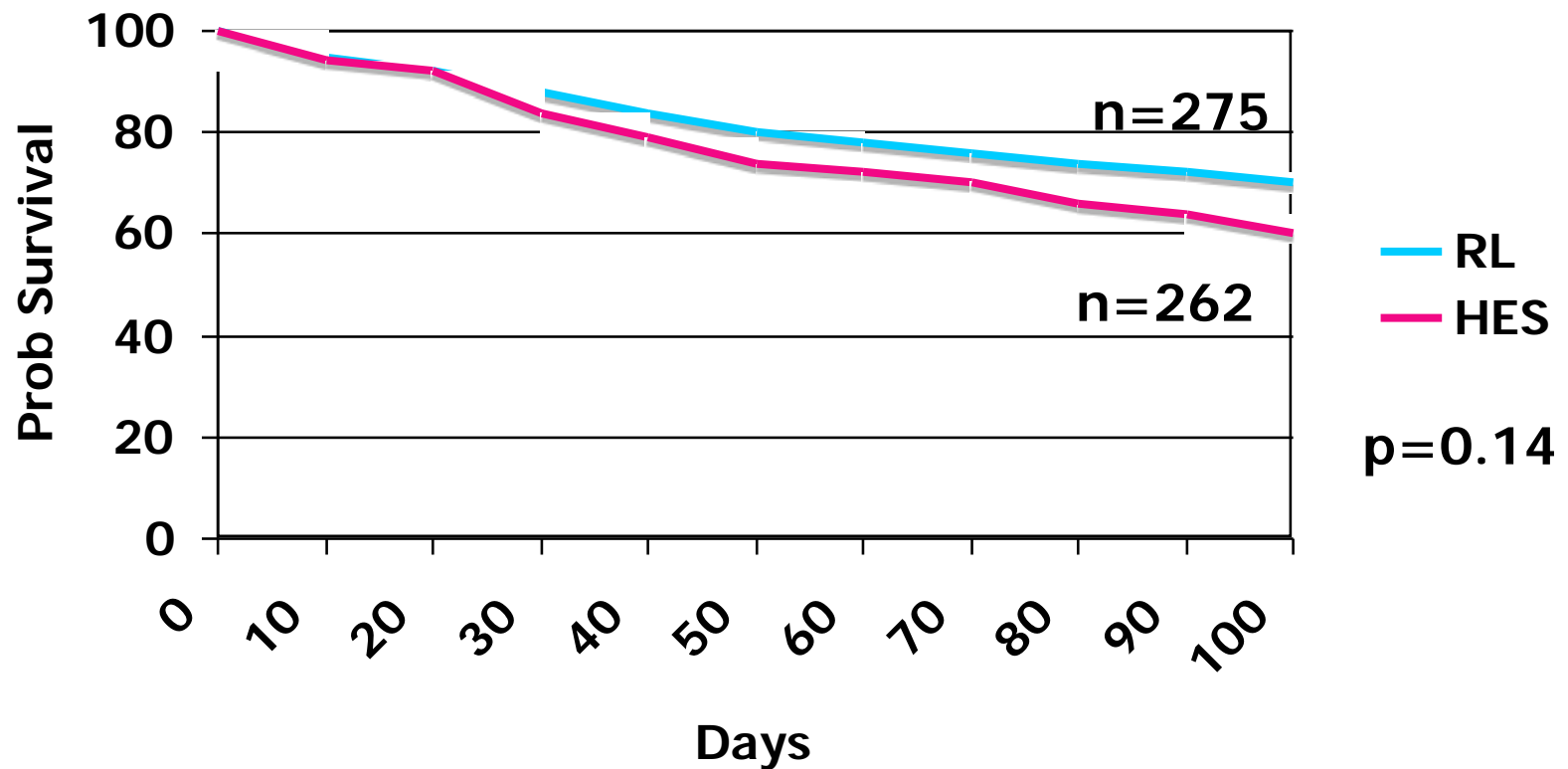


RL: 4U PRBC HES: 6U PRBC

Unequal resuscitation and hemodilution

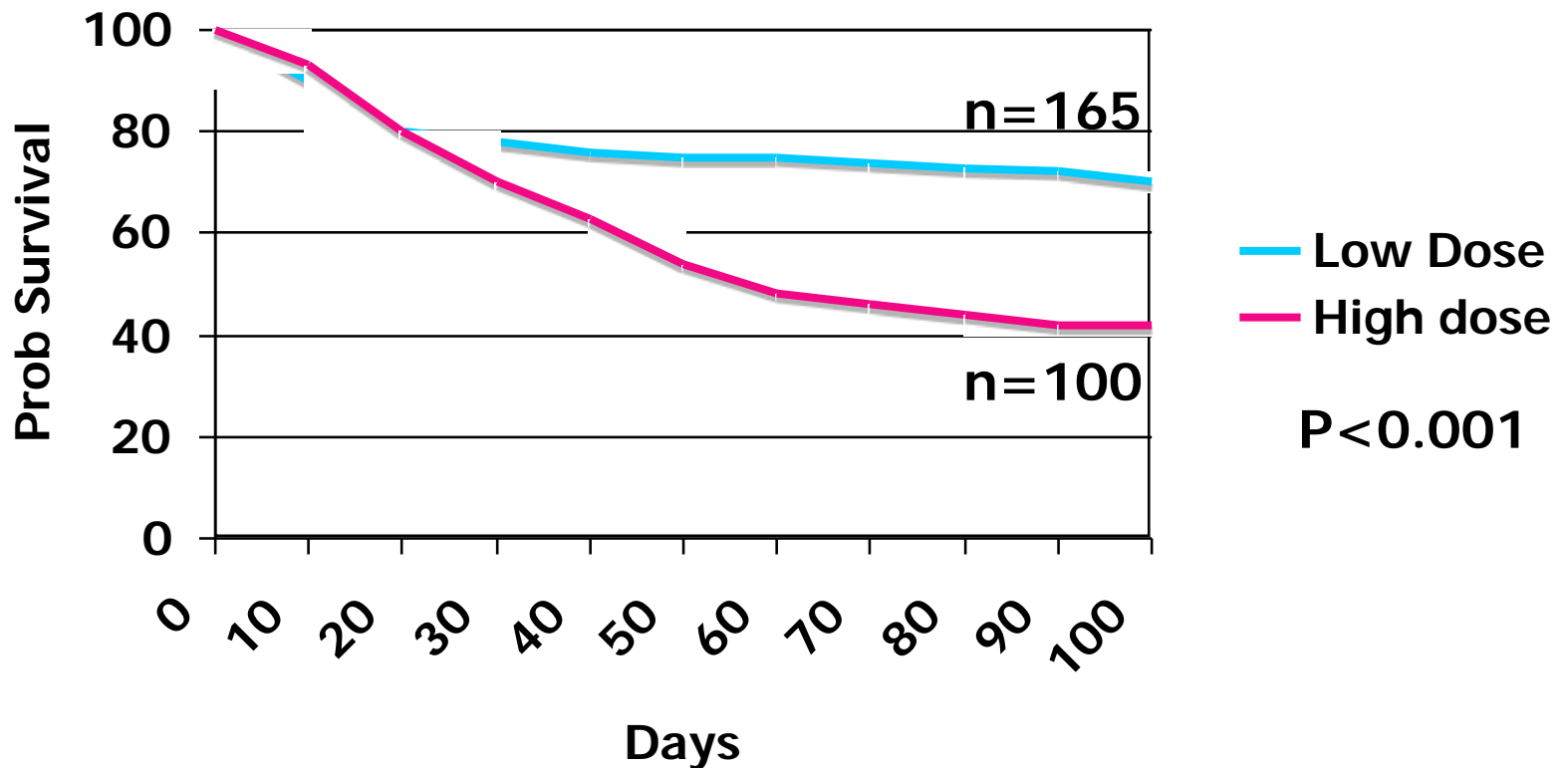


WISEP: Probability of Survival



Pentastarch Dose:

Low (<22 ml/kg) v High (>22 ml/kg)



Low cumulative dose: 48 ml/kg bw

High cumulative dose: 136 ml/kg bw



Hyperchloremia

- Independently decreases renal function
 - GFR, urine flow, creatinine clearance
 - Wilcox CS. *J Clin Invest* 1983; 71: 726-35
- Hyperchloremic metabolic acidosis
 - Low pH out of proportion to AG or lactate
 - Waters JH, et al. *Crit Care Med* 1999; 27: 2298-9
 - Prough DS, et al. *Anesth* 1999; 90: 1247-9
 - Scheingraber S, et al. *Anesth* 1999; 90(5):1265-70
- Reduced rate of urine generation (human data)
 - Williams EL, et al. *Anesth Analg* 1999; 88: 999 - 1003



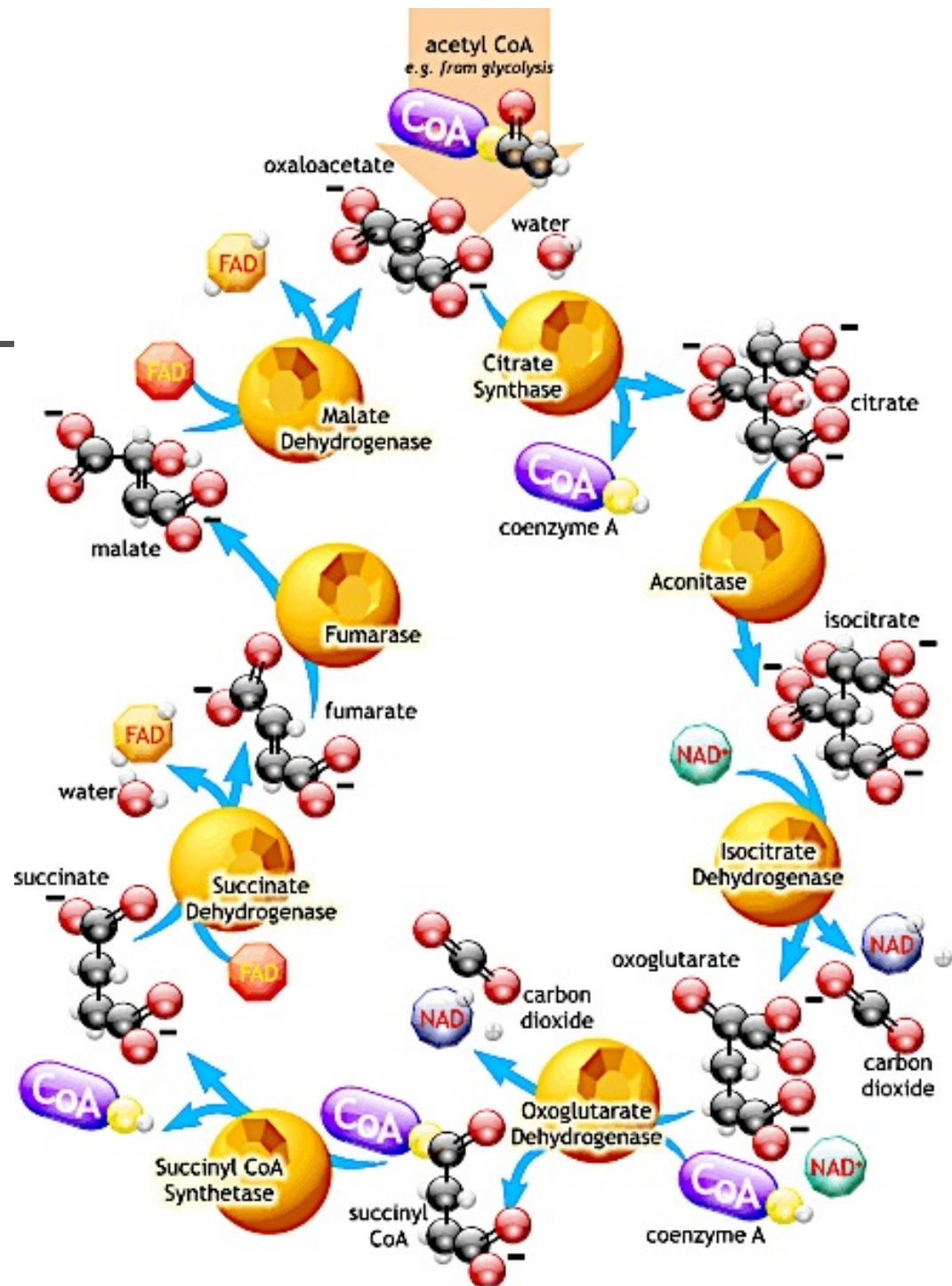
Maintenance Fluid

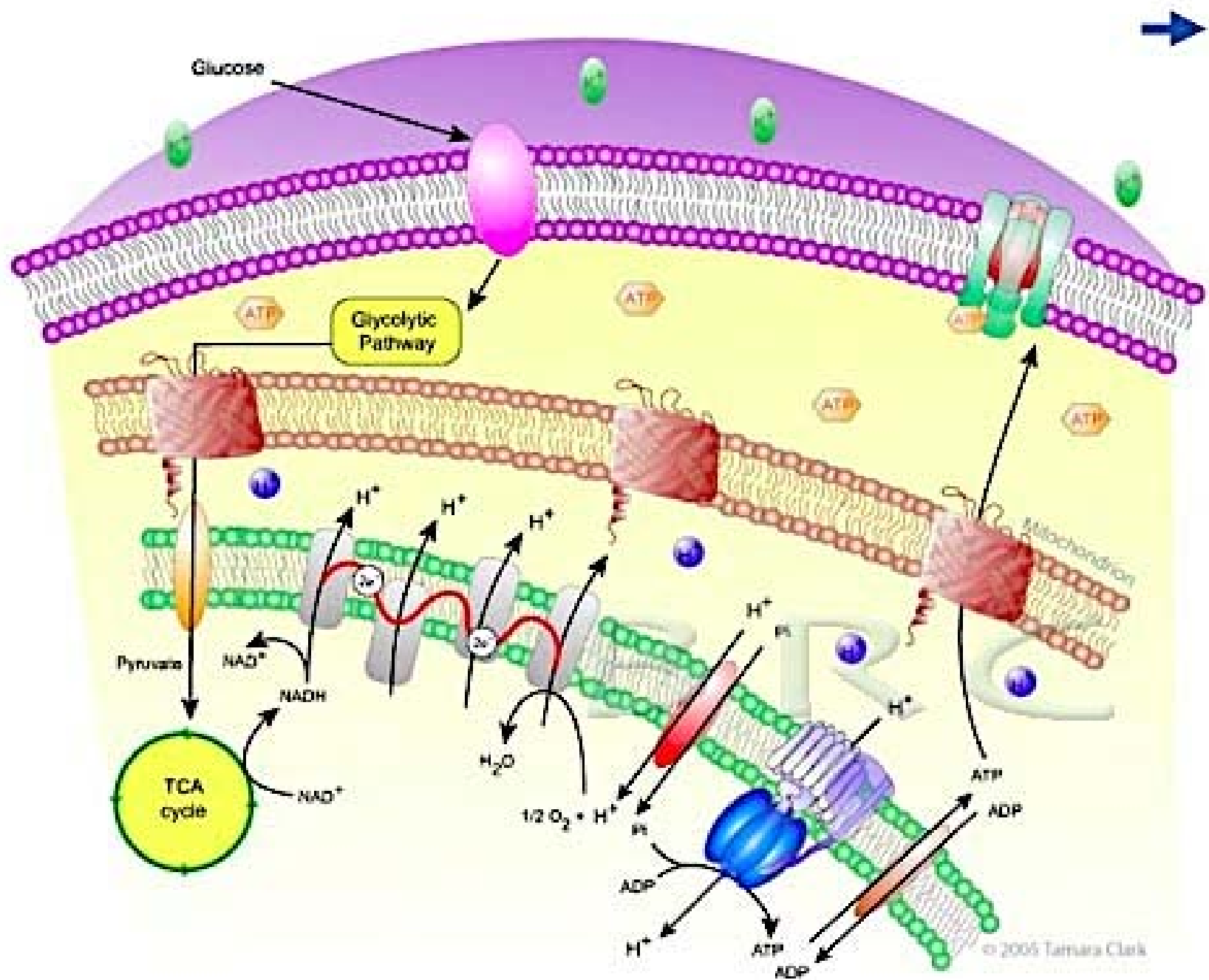
- **Most** need maintenance fluid
- Hypotonic, dextrose \pm additives
- Derived from understanding minimum daily requirements (MDR) for electrolytes and muscle sparing effect of dextrose during starvation
 - LBM sparing debated



Catabolism and Lean Body Mass

- Starvation
- Hepatic glycogen stores
 - Depleted within 12 - 18 hours
 - Gluconeogenesis requires fuel source
- Skeletal muscle destruction
 - Cori cycle
 - Amino acid shuttling into TCA cycle
 - β -oxidation of fatty acids
 - Glycerol backbones





ATP synthase particles

Intermembrane space

Matrix

Ribosome

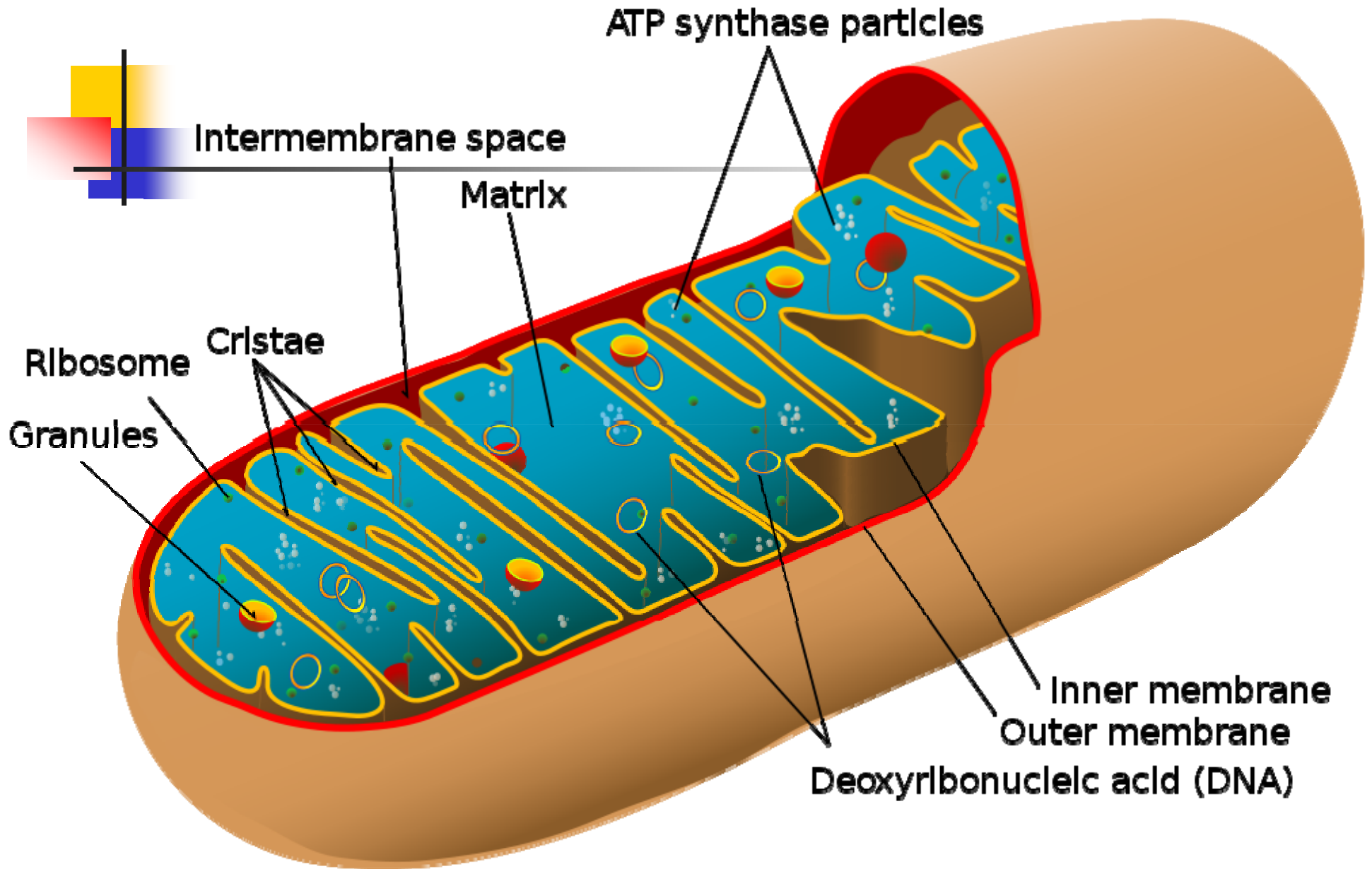
Cristae

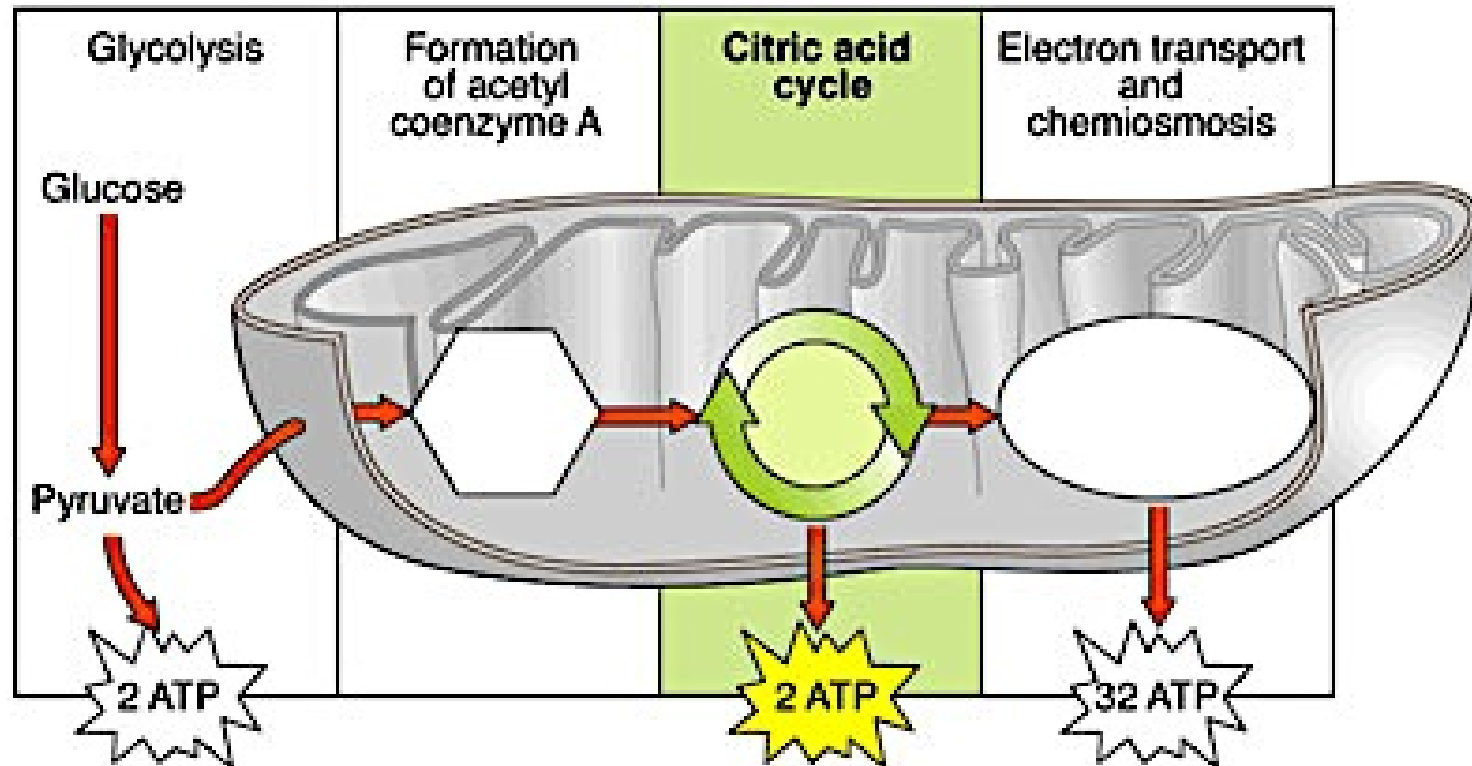
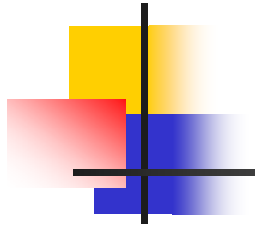
Granules

Inner membrane

Outer membrane

Deoxyribonucleic acid (DNA)







Dextrose

- Commonly provided as 5% dextrose in water (D_5W)
- D_5W = 50 gm dextrose per liter
- 100 gm dextrose/D
 - Muscle catabolism reduced by 50-85%
- Hence, 2000 cc D_5 something per day
 - NOT NORMOTONIC EXCEPT
 - Labor and Delivery (D_5 LR)
 - Mom and baby



MDR for Na and K

- Assume normal renal physiology
 - Adjust for excretion reductions
 - CHF, CRI, AKI/ARF
- Sodium
 - 1-2 meq/kg/D
 - 70 kg = 70 - 140 meq/D
- Potassium
 - 0.5 meq/kg/D
 - 70 kg = 35 meq/D



Maintenance Fluid Rate

- Multiple rules
- $\text{Weight (kg)} + 40 \text{ cc} = \text{cc/hr.}$
- Weight based
 - 100 cc/hr -- 1st 10 kg
 - 50 cc/hr -- 2nd 10 kg
 - 20 cc/hr -- the rest of the weight
- 4-2-1 rule
- Nihilist: 125 cc/hr for everyone



Sample Calculation

- 70 kg patient
- Add 40 rule: 110 cc/hr
- Weight based:
 - $1000 + 500 + 1000$
 - $2500 \text{ cc/day} / 24 \text{ hours} = \sim 110 \text{ cc/hr}$
- Assuming 110 cc/hr, and the need for Na and K



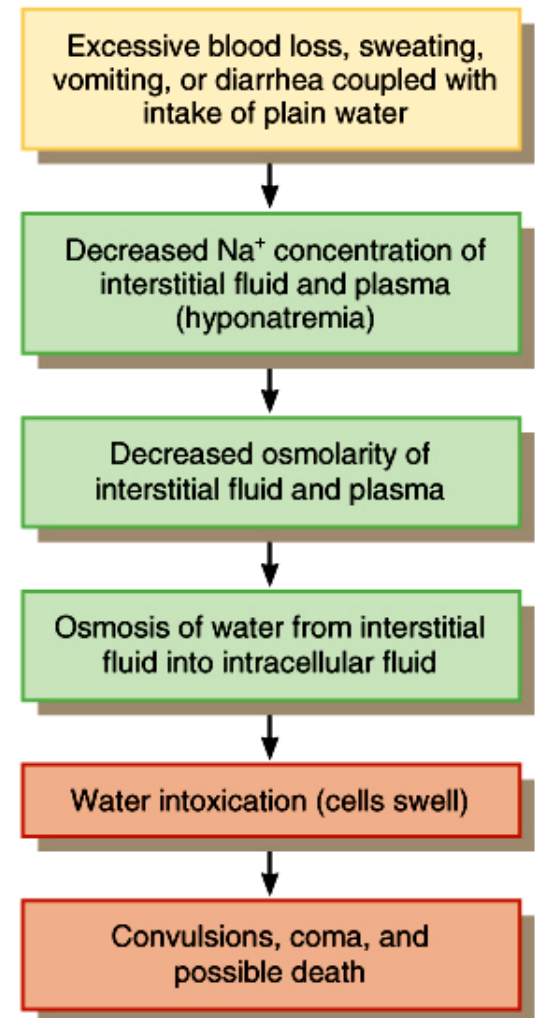
Fluid Prescription

- D₅ provides just over 100 gm dextrose
- 1/2NSS gives 77 meq Na/L
 - 2 liters = 154 meq (close to 140)
- Add 20 meq K/L
 - Provides just over 40 meq/D (close to 35)
- D₅1/2NSS + 20 meq KCl/L @ 110 cc/hr

Na⁺ Abnormalities

■ Hyponatremia

- Post-op pt.
- Total body fluid and salt excess
 - Dilutional, not true deficit
- Medical pt
 - May have true total body salt deficit
 - Loop diuretics + salt restriction





Na⁺ Abnormalities

Dilutional vs True Na Deficiency

- Dilutional
 - Low Na but normal (near normal) Cl
 - Na 128, Cl 98
 - High UNa
- True total body deficit
 - Low Na and low Cl
 - Na 128, Cl 88
 - Low UNa



Na⁺ Abnormalities: Therapy

- Dilutional
 - Free H₂O restriction
 - May be coupled with diuresis
 - Aquaporins (V2 receptor antagonists)
 - Pure aquaresis
- True salt deficit
 - Provision of salt
 - PO or IV
 - Rate of correction ~ rate of acquisition



Na Abnormalities

- Correct [Na] when low
 - Not > 0.5 mEq/L per hour
 - Not > 10 mEq per 24 hours
 - Central pontine myelinolysis
- Correct [Na] when high
 - As above
 - Acute cellular edema
 - Intracranial HTN



K⁺ Abnormalities

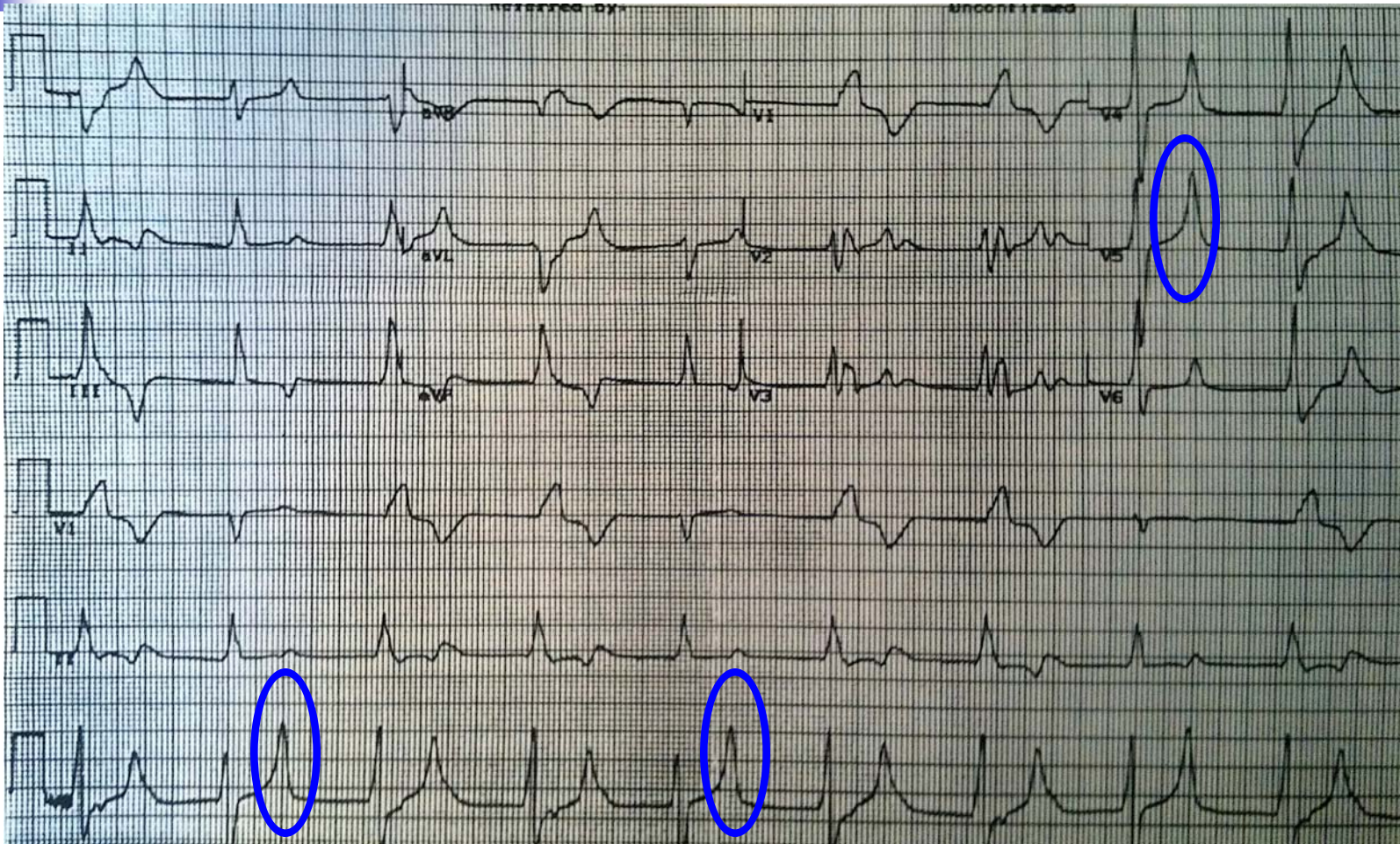
- Hypokalemia
 - [Nonlinear] when < 3.0 mEq/L
 - $K < 3.0 \rightarrow$ usually need 100-200 mEq
 - Central access + monitored bed
 - Associated with hypoMg
 - Correct both due to contrasportation
 - Associated with resuscitation, diuresis, GI losses
 - Not gastric



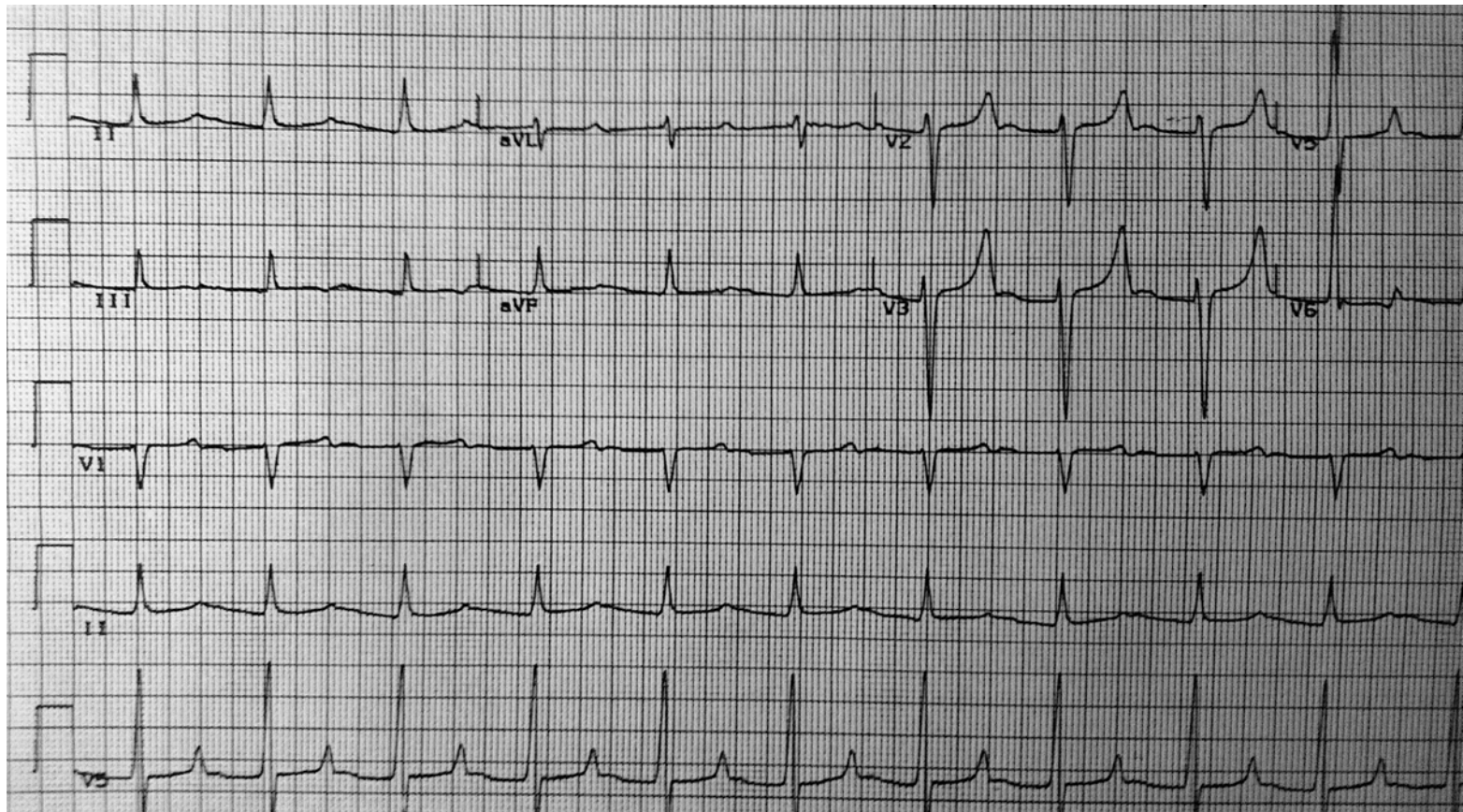
K⁺ Abnormalities

- Hyperkalemia
- Therapy depends on [K] and presence of dysrhythmia
 - Peaked T-waves (ECG)
- Three goals
 - Support of myocardial conduction
 - Displacement of K
 - Removal of K

Hyperkalemia ECG



Post-Therapy





Hyperkalemia

- Support of conduction
 - Calcium chloride (not gluconate)
 - Strong ions → immediately available
 - Central access
 - Magnesium SO_4
 - Membrane stabilizer
 - NaHCO_3
 - Restores normal pH as most are acidotic
 - Supports Na-K ATPase fnc and ATP hydrolysis



Hyperkalemia

- Displacement
 - Also preserves myocardial conduction
- Insulin (growth hormone)
 - Drives K^+ intracellularly
 - Also happens to drive glucose intracellularly
 - Exogenous glucose (D_{50}) to avoid hypoglycemia



Hyperkalemia

- Removal
- Primary clearance renal excretion
 - Plasma volume expansion (0.9% NSS)
 - acidifying
 - Coupled with forced diuresis (furosemide)
 - Alkalinizing
- What to do if the patient has ARF or is anuric or cannot tolerate PVE?



Hyperkalemia

- Cation exchange resin (Kayexelate)
 - Exchanges a Na^+ (resin) for a K^+ (pt)
 - Mixed in sorbitol to induce osmotic catharsis
 - PO or PR (generally 45-60 gm)
 - Goal is diarrhea
- Acute dialysis (ultrafiltration)
 - Rapid restoration of normokalemia
 - Life-threatening dysrhythmias



Hypomagnesemia

- Associated with PVE or diuresis
- Generally under-treated
 - Mg^{2+} 2.0 or >
 - Generally safely repleted without monitors
 - 1.6 = 4 mg
 - 1.4 = 6 gm
 - 1.2 = 8 gm
 - 1.0 = 10 gm
- Associated with hypokalemia



Hypermagnesemia

- Quite rare outside of Labor and Delivery
- Generally associated with tocolysis
- HyperMg therapy
 - Generally expectant observation
 - Plasma volume expansion
 - Forced diuresis
 - Airway control if severe
 - Hyporeflexia and muscle weakness



Calcium Abnormalities

- Hypocalcemia
 - Repletion depends on acuteness of abnormalities and symptomaticity
 - CaCl_2 versus Cagluconate
- Hypercalcemia
 - Treat underlying cause
 - Therapy is similar to hyperkalemia
 - Forced diuresis + PVE
 - Mg^{2+}



Corrected Calcium

- Calcium is protein bound
 - Principally to albumin
 - Correct the measured calcium for hypoAlb
 - $[(\text{Normal}_{\text{Alb}} - \text{measured}_{\text{Alb}}) \times 0.8] + \text{Ca}$
- Alternatively, obtain an ionized Ca
 - Denoted as Ca^{2+}



Hypophosphatemia

- Primary clearance is renal
- Hypophosphatemia associated with
 - Resuscitation
 - Diuresis
 - Refeeding syndrome
 - Phosphatidylcholine in membranes
 - GI mucosal turnover q 72 hours



Hyperphosphatemia

- Major association is renal failure
 - Iatrogenesis less frequently
- Low PO_4 intake
- PO_4 binders
- Watch Ca-PO_4 product
 - $\text{Ca} \times \text{PO}_4$ and if > 55
 - Concern for soft tissue deposition



Renal Functions

- Excretory
 - Nitrogenous wastes, others
- Regulatory
 - Body water and circulating blood volume
 - Plasma sodium and potassium levels
 - Blood pH
- Neuro-Endocrine
 - Erythropoietin
 - Renin-Angiotensin system –blood pressure
- Detoxification
 - Major pathway for therapeutic agents and toxins



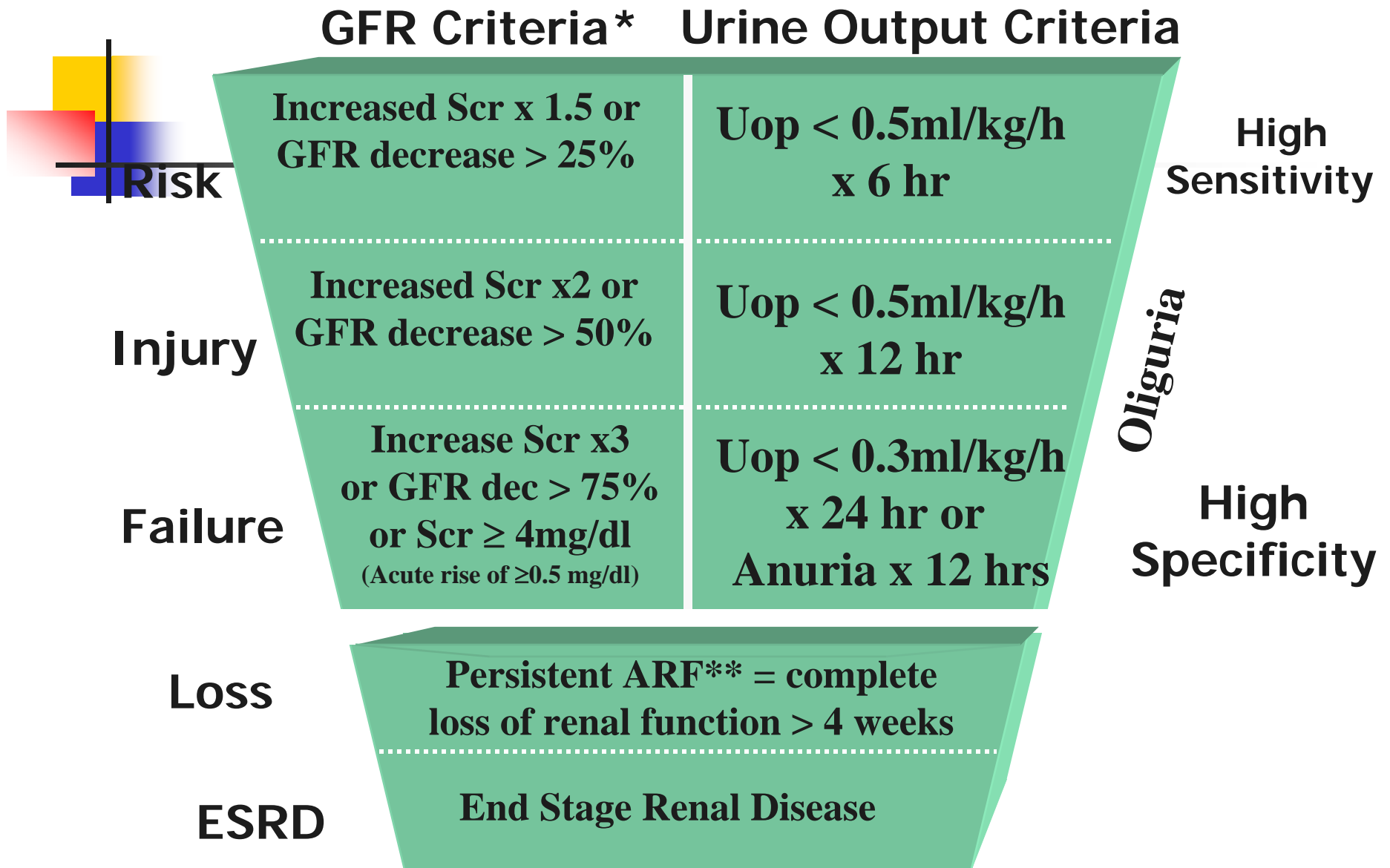
AKIN: AKI Stages

Stage	Uop	Scr
1	< 0.5 cc for > 6 hr	Inc. 0.3 or 150% baseline Scr
2	< 0.5 for > 12 hr	200-300% baseline Scr
3	< 0.3 for > 24 hr Anuria for > 12 hr	300% baseline Scr Scr > 4 and inc. > 0.5

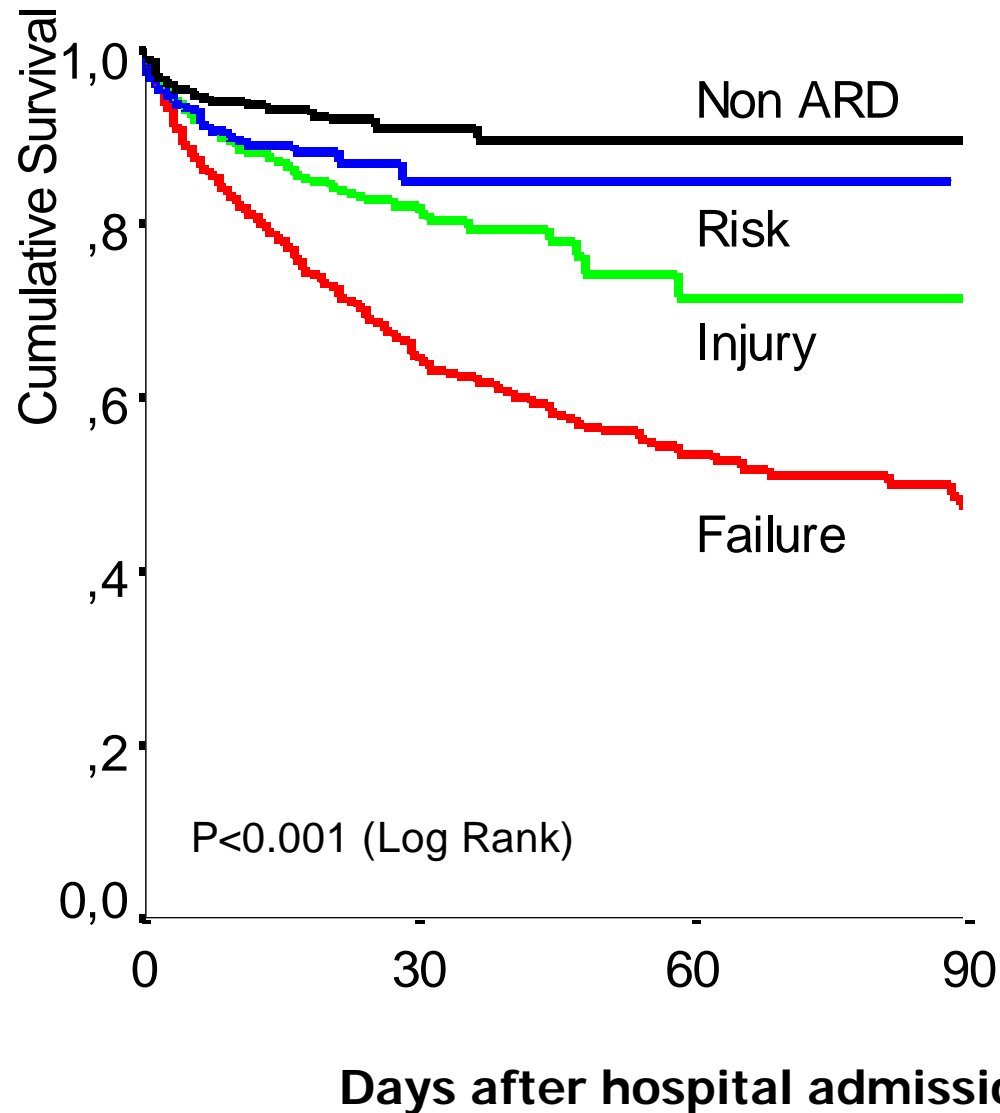
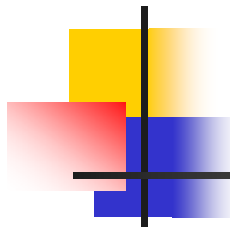
CRRT = Stage 3

www.AKIN.org

RIFLE Criteria for Acute Kidney Injury



RIFLE_{max} and Hospital Mortality



Hoste E, et al. *Crit Care* 2005



Incidence of ARF requiring RRT “ICU period prevalence”

- ICU admissions: 29,269
- 54 centers in 28 countries
- Total: 1,758 (5.7%)
 - ~2 million people/yr world-wide
- Financial, resource, staffing implications

JAMA. 2005; 294: 813-818.

Cerda J. *Clin J Am Soc Nephrol* 3 200; 881-886

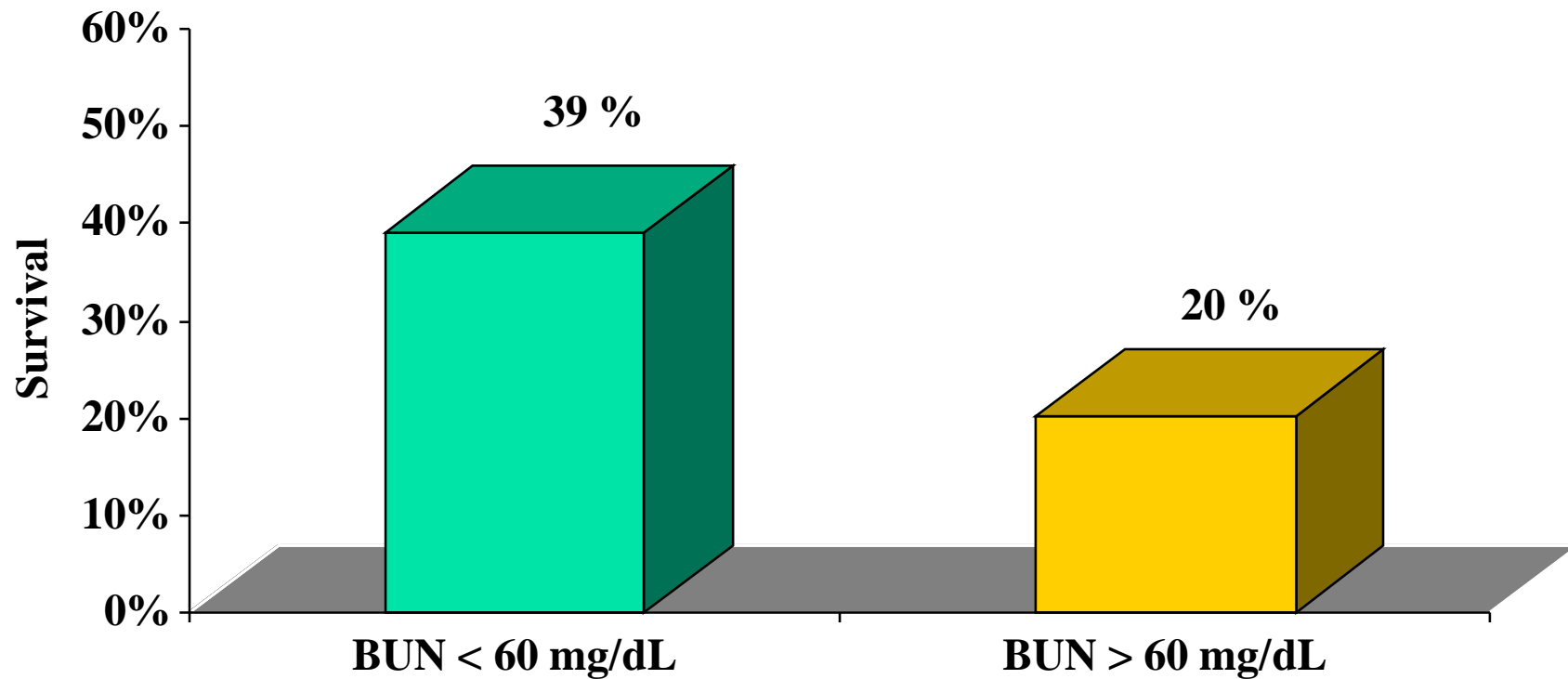


Overall Outcomes

- ICU stay: 9 days (4-21)
- Hospital stay: 22 (11-44)
- ICU mortality: 51.7%
- Hospital mortality: 60.2%
- Hospital discharge with RRT: 13.8% (of survivors)

JAMA. 2005; 294: 813-818.

Timing of Initiation of Dialysis in Post-Traumatic ARF



Gettings et al., *Intensive Care Med* 1999; 25:805-813



Renal Support with CRRT

- Solute Clearance
 - Small molecule clearance
 - Larger (middle) molecule clearance
- Fluid Management
 - Much more fluid *can* be removed with CRRT
 - More rapid reduction in EVLW, cerebral edema
- Drug Dosing
 - A constant “GFR” with CRRT
- Nutritional Support
 - No need to limit volume with CRRT



Indications for Dialysis in the ICU Patient

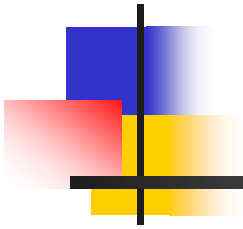
- Volume overload
- Metabolic acidosis
- Hyperkalemia
- Uremic state
 - encephalopathy
 - pericarditis
- Azotemia without uremic manifestations
- Blood purification in sepsis

Diuretics, Mortality, and Nonrecovery of Renal Function in Acute Renal Failure

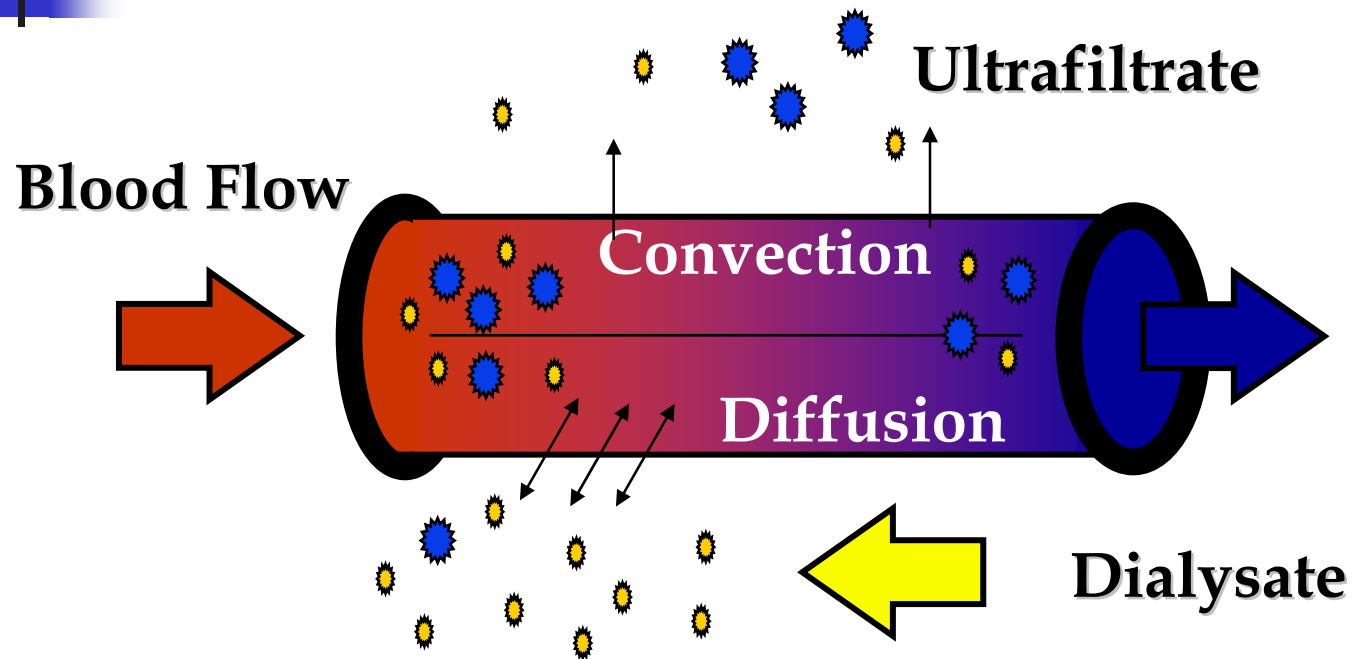
Ravindra L. Mehta, MD; Maria T. Pascual, RN, MPH; Sharon Soroko, MS; Glenn M. Chertow, MD, MPH; for the PICARD Study Group
JAMA. 2002;288:2547-2553.

- 4-Center, Retrospective analysis of nephrology consults (1989-1995; n=552)
- Multivariate analyses and propensity scores
- Adjustments in the covariates and propensity scores, diuretic use:
 - **Significantly increased risk of death or non-recovery of renal function (odds ratio 1.77; 95% CI 1.14-2.76)**
- Conclusion: “the use of diuretics in critically ill patients with acute renal failure should be discouraged”

General Mechanisms of Dialysis

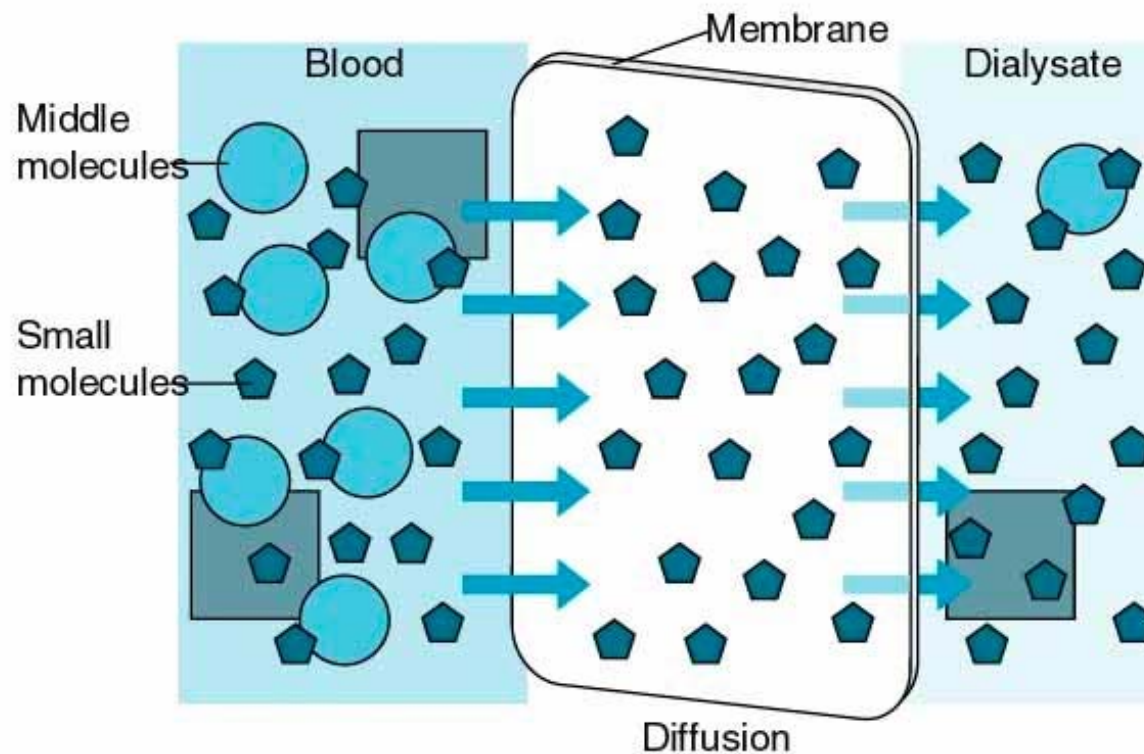


Convection vs. Diffusion



- small molecular wt substances (< 1 kD)
- large molecular wt substances (5 - 50 kD)

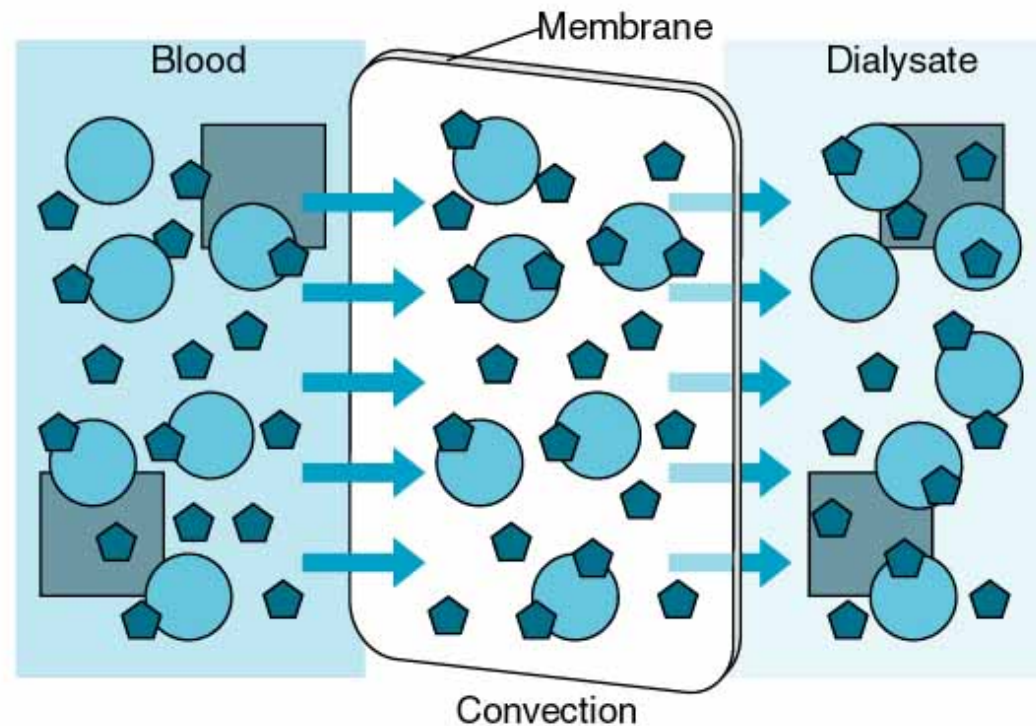
Diffusive Clearance



Concentration gradient based transfer.
Small molecular weight substances (<500 Daltons)
are transferred more rapidly.

A

Convective Clearance



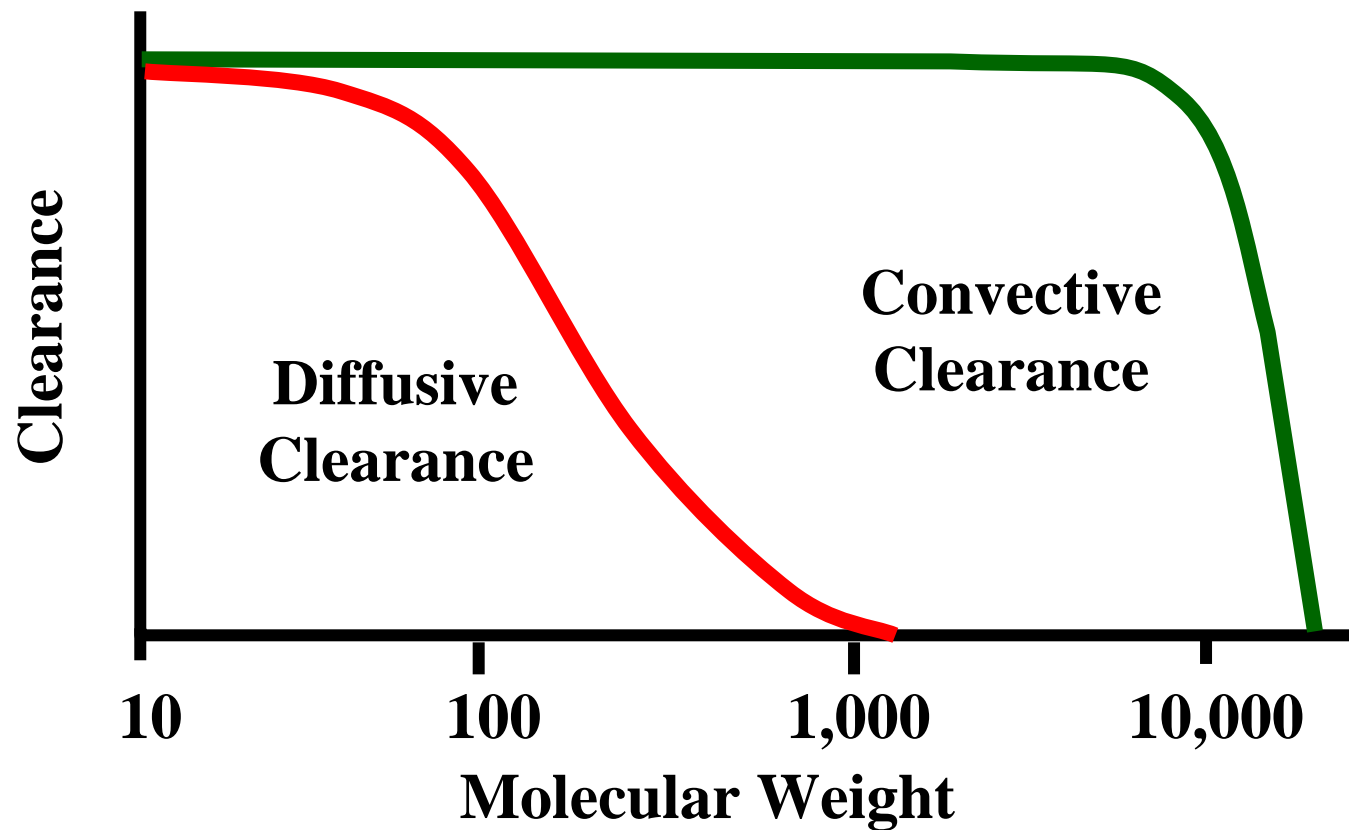
Movement of water across the membrane carries solute across the membrane.

B

Middle molecules are removed more efficiently.



Convection vs. Diffusion





Intermittent Hemodialysis

Intermittent Renal Replacement Therapy

- Advantages

- high solute clearance
- rapid volume removal

- Disadvantages

- hemodynamic instability
- intermittent treatment
- dialysis associated hypoxia
- vascular access
- anticoagulation
- requires special equipment and nursing staff



Intermittent RRT

- Special Considerations for the ICU Patient
 - adequacy of dialysis
 - risk of prolongation of ARF
 - hemodynamic factors
 - membrane bioincompatibility
- Vascular Access
 - Subclavian/IJV vs common femoral
 - Recirculation 4% vs 16%
 - Retards dialysis efficiency

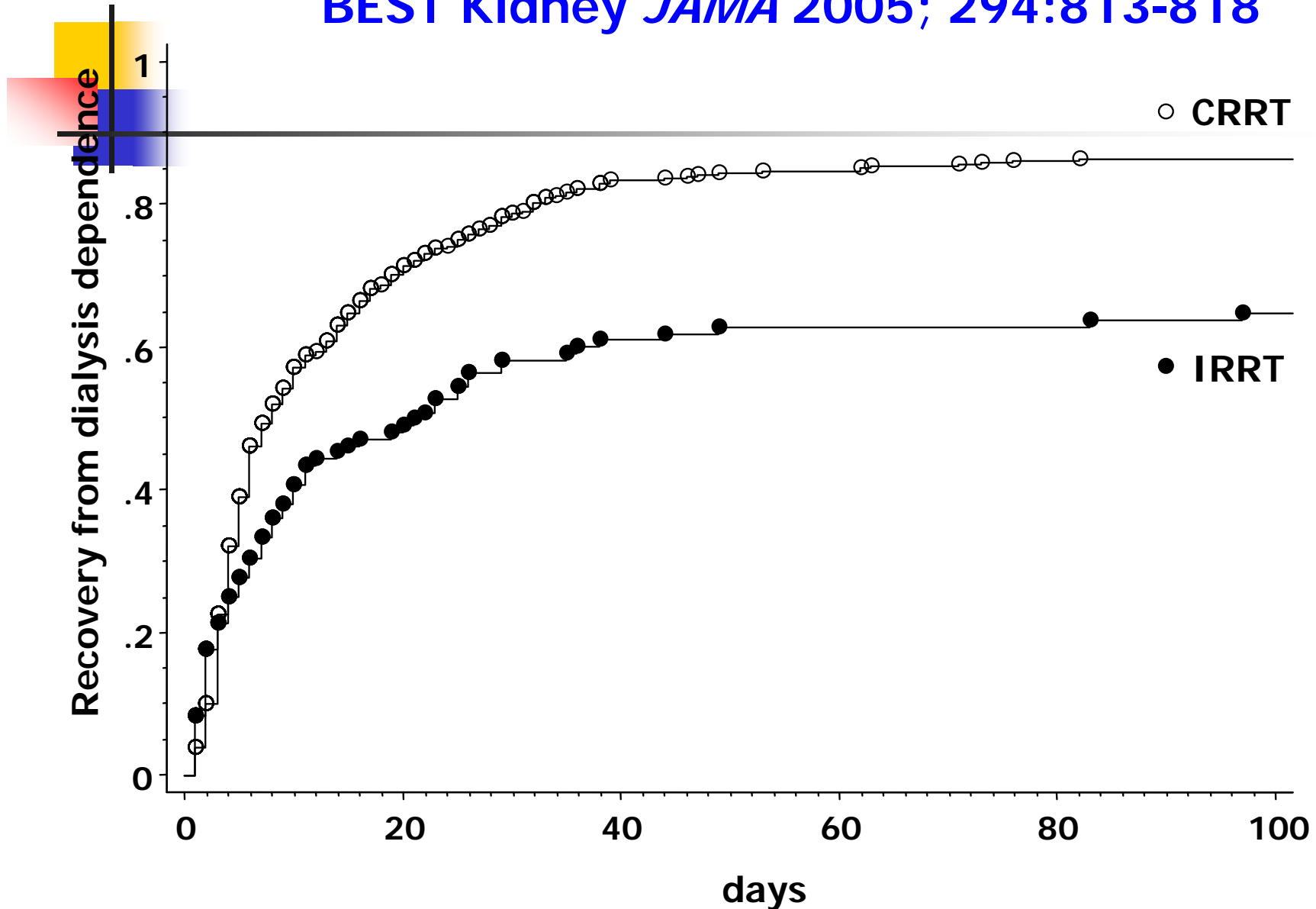


IRRT and Prolongation of ARF

- Does transient hypotension during hemodialysis prolong ARF?
 - ARF results in impaired autoregulation of RBF
 - ARF kidneys have a blunted vasodilatory response to NO and amplified vasoconstriction to agonists
 - Midodrine, Dopamine, NorEpinephrine

Recovery from Dialysis Dependence

BEST Kidney *JAMA* 2005; 294:813-818





CRRT

- Advantages

- Well tolerated hemodynamically
- (More) Biocompatible membrane
- Continuous therapy
- High solute clearance and ultrafiltration rate
- Cytokine clearance

- Disadvantages

- Labor intensive
- Training of ICU nurses
- Vascular access
- Anticoagulation



CRRT Techniques

- Slow Continuous Ultrafiltration (SCUF)
 - volume control; minimal solute clearance
 - Arterio-venous circuit
- Continuous Hemofiltration (CVVH)
 - convective solute removal
- Continuous Hemodialysis (CVVHD)
 - diffusive solute removal
- Continuous Hemodiafiltration (CVVHDF)
 - convective and diffusive solute removal

Continuous Hemofiltration

Pre-Dilution vs. Post-Dilution

Pre-Dilution

Q_R



Decreases filtration fraction

Diminished solute clearance due to dilution of blood reaching hemofilter

Q_{UF}

$$C_B' = C_B \times \frac{Q_B}{Q_B + Q_R}$$

Continuous Hemofiltration Pre-Dilution vs. Post-Dilution

Post-Dilution

Q_R



Q_{UF} Higher filtration fraction
Solute concentration within hemofilter unchanged
from systemic concentration



Replacement Fluid/Dialysate

- Electrolyte composition
- Glucose concentration
- Buffer selection
 - acetate
 - lactate
 - citrate
 - bicarbonate

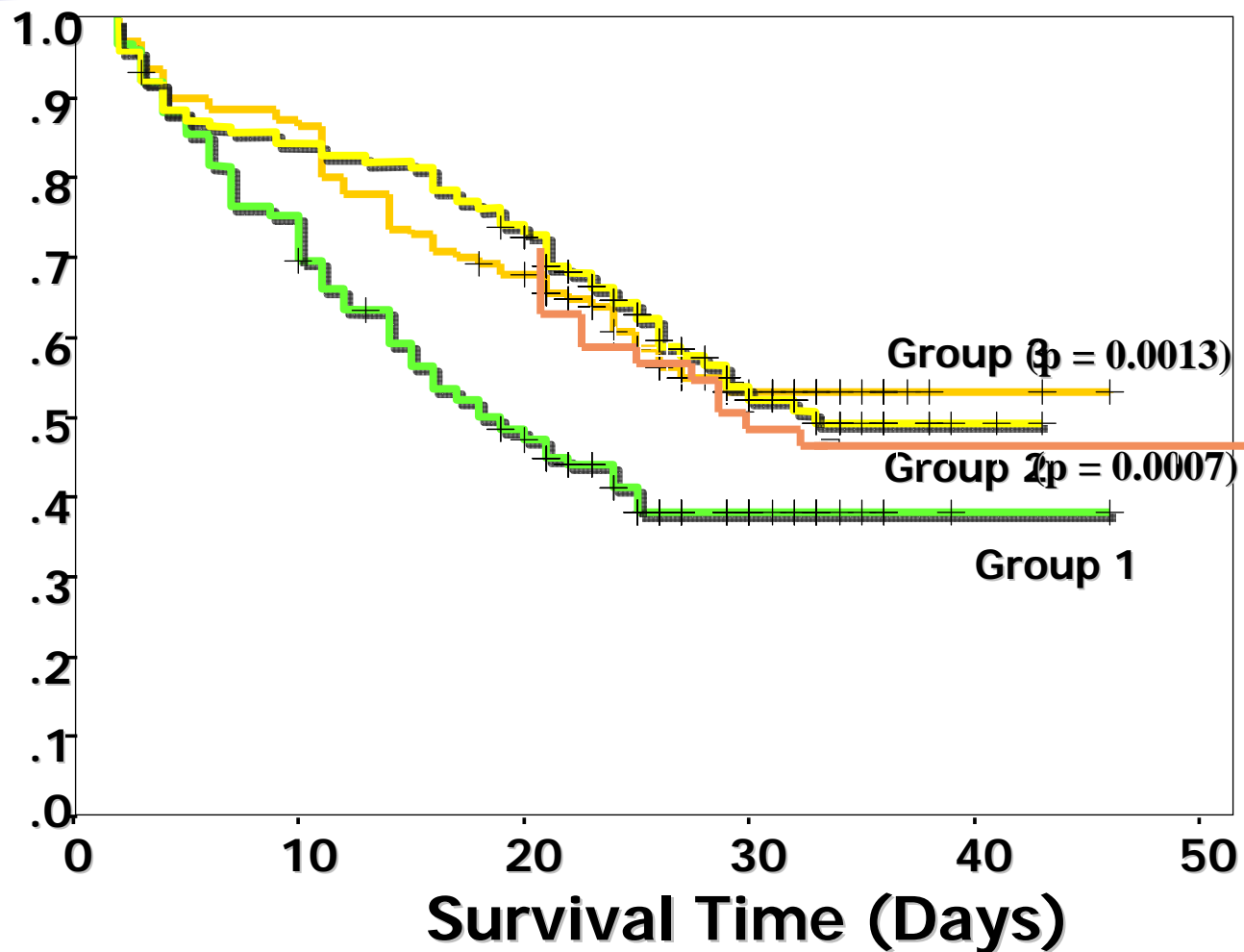


Replacement Fluid/Dialysate

- Optimal Electrolyte Composition
 - Sodium: 140-155 mmol/L
 - Potassium: 0-4 mmol/L
 - Chloride: 110-120 mmol/L
 - Calcium: 1.5-1.75 mmol/L
 - Magnesium: 0-0.75 mmol/L

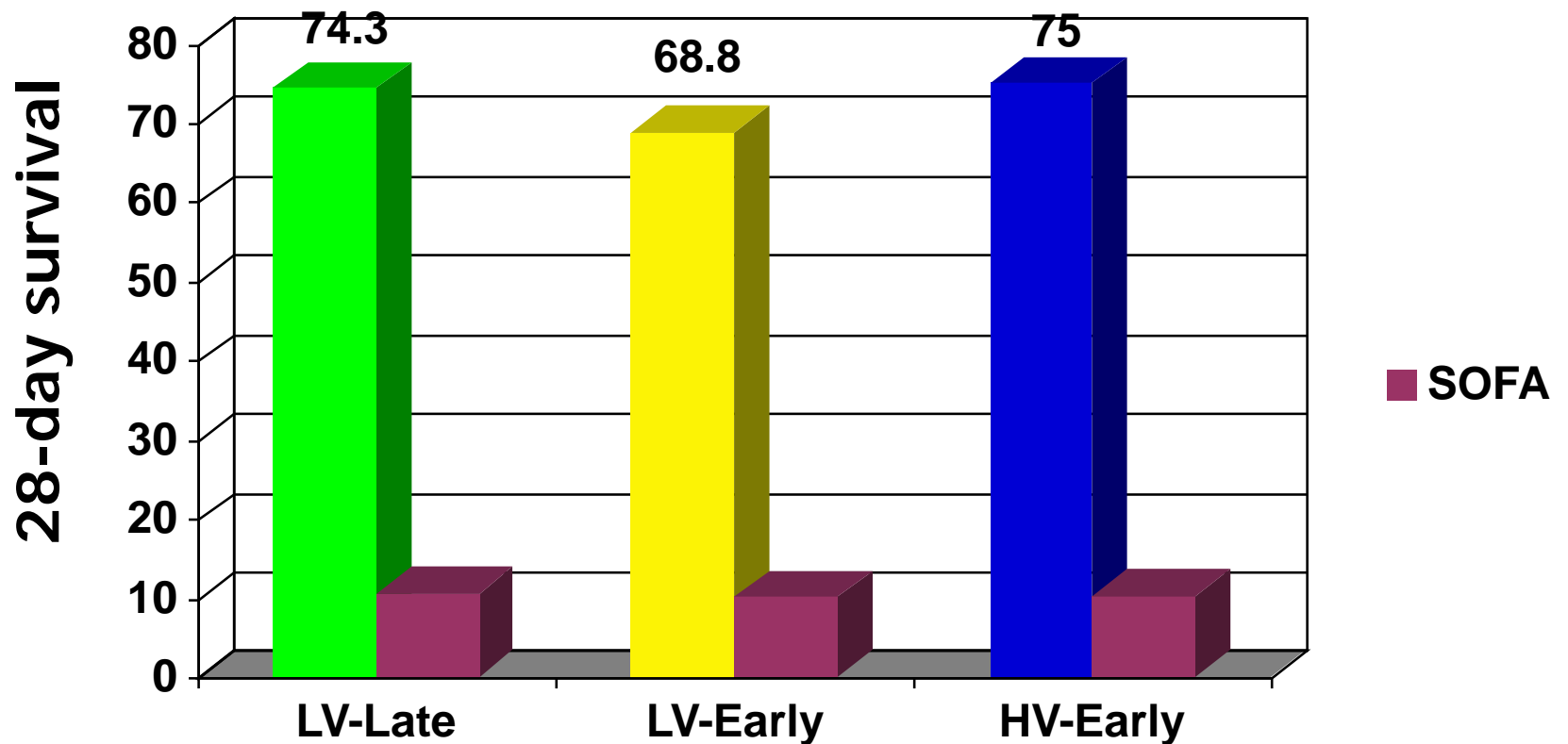
Cumulative Proportional Survival

Ronco et al. Lancet 2000 355:26-30



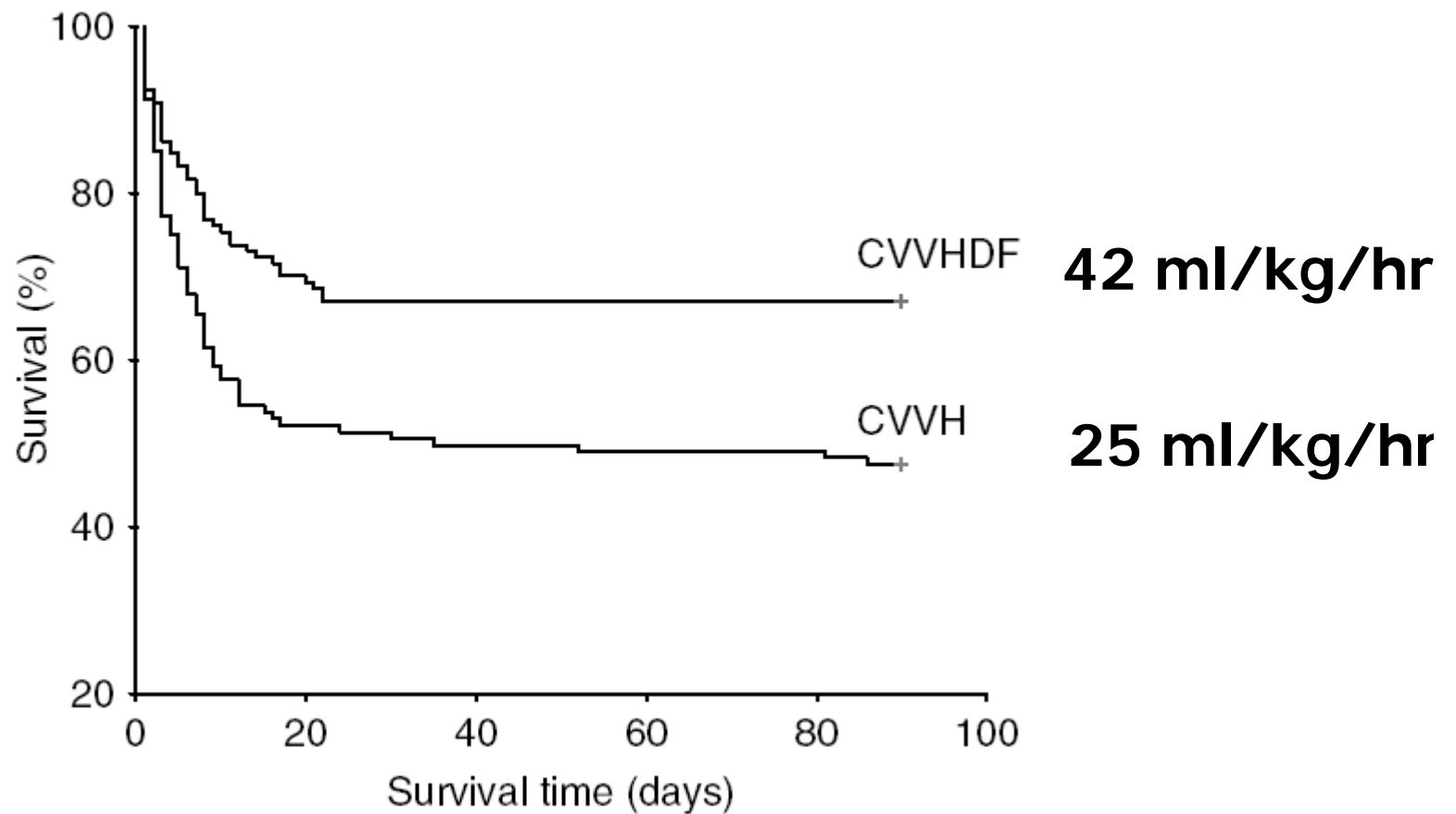
High
45
Medium
35
Low
20

Dose of CVVH in ARF



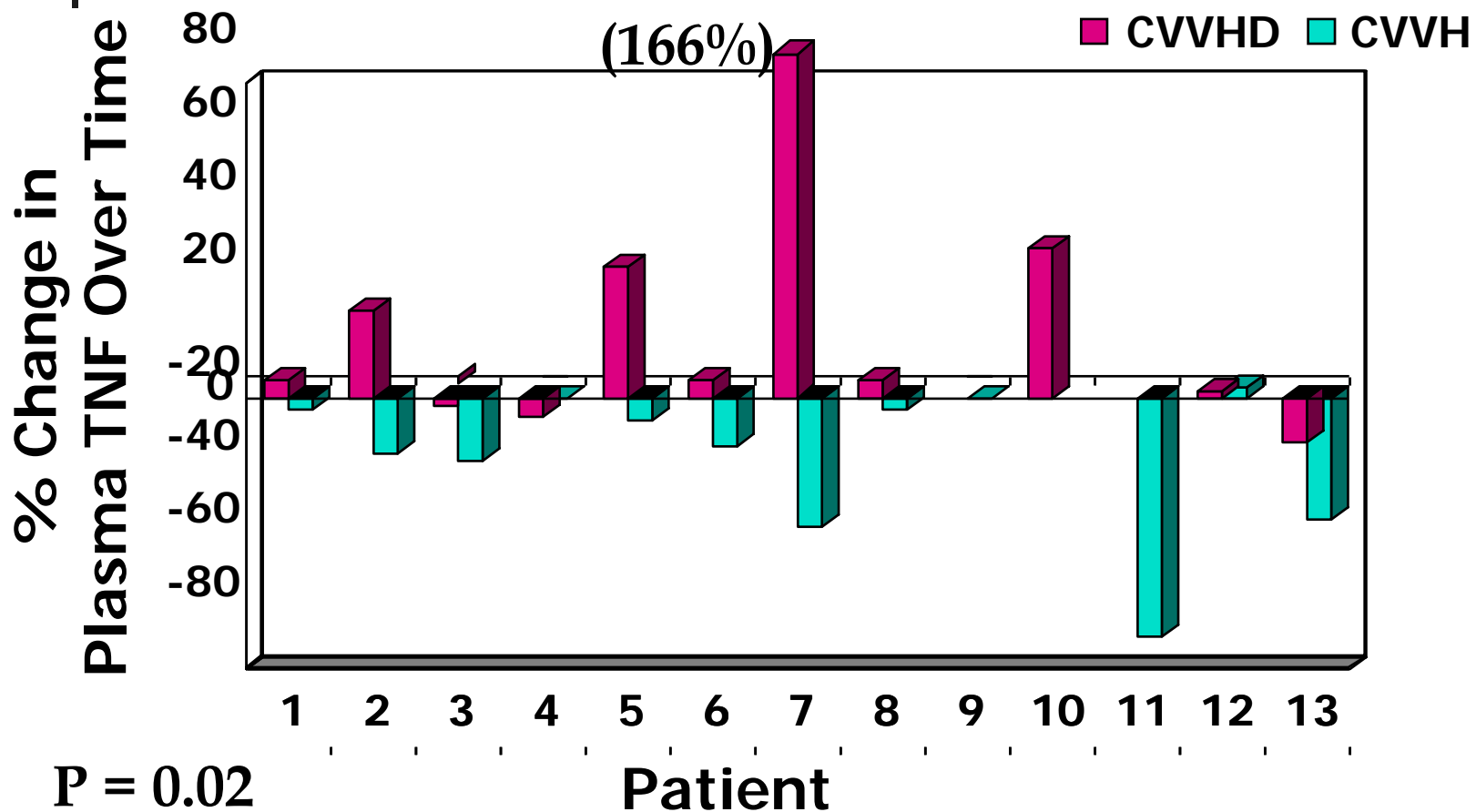
Bouman CS, et al. *Crit Care Med* 2002; 30:2205-2211

CVVH vs CVVHDF



Saudan et al. *Kidney Int* 2006; 70:131;

Effect of CVVH-D vs CVVH on Plasma TNF levels



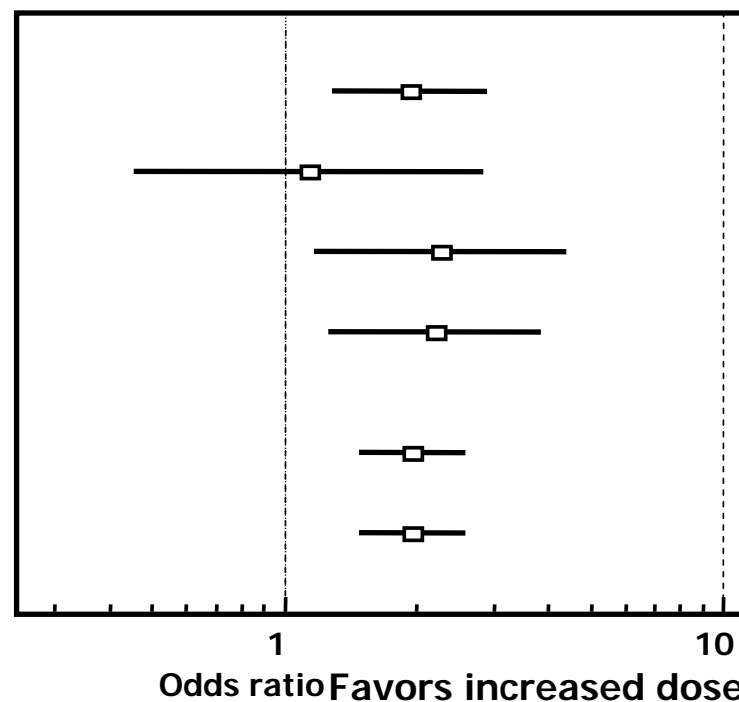
Kruskal Wallis

Kellum et al. *Crit Care Med* 1998;26: 1995-;

Influence of Dose Escalation

Study	n	Treatment groups
Ronco	425	CVVH 20/h vs. 35-45 ml/kg/h*
Bouman	106	CVVH 20ml/kg/h* vs. 48 ml/kg/h
Schiffl	160	Alternate day vs. daily hemodialysis
Saudan	206	CVVH 25 vs. CVVHDF 42 ml/kg/h

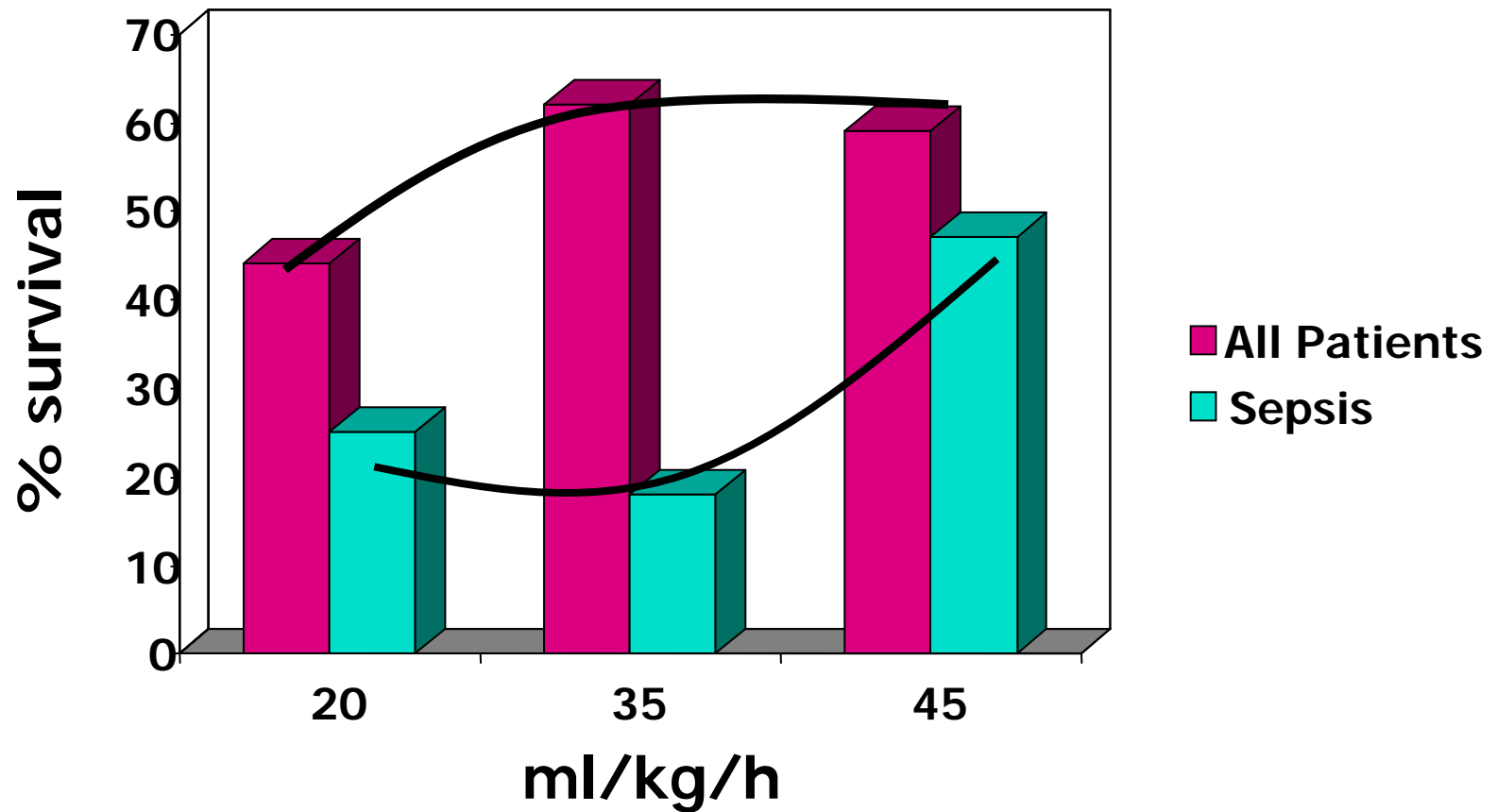
Total (fixed effects)
Total (random effects)



OR: 1.95 (1.48-2.58), $p < 0.001$

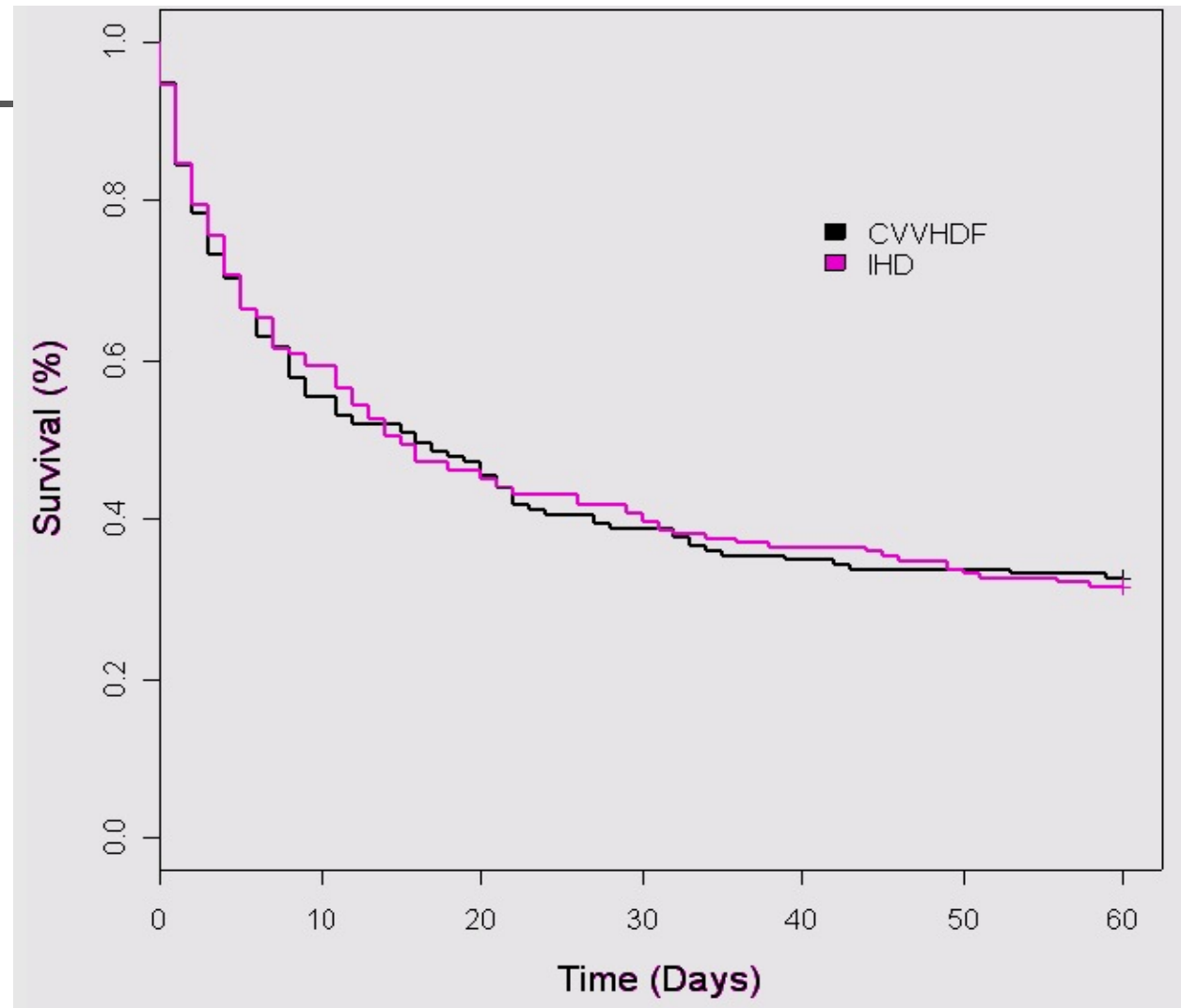
Kellum JA, *Crit Care Med* 2006

Effects on HF Dose on Survival in Patients with and without Sepsis

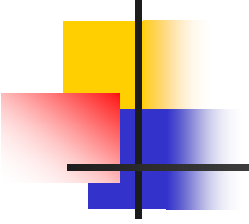


Ronco et al. *Lancet* 2000; 356:26-30

IHD vs. CRRT



Vinsonneau, et al. *Lancet* 2006



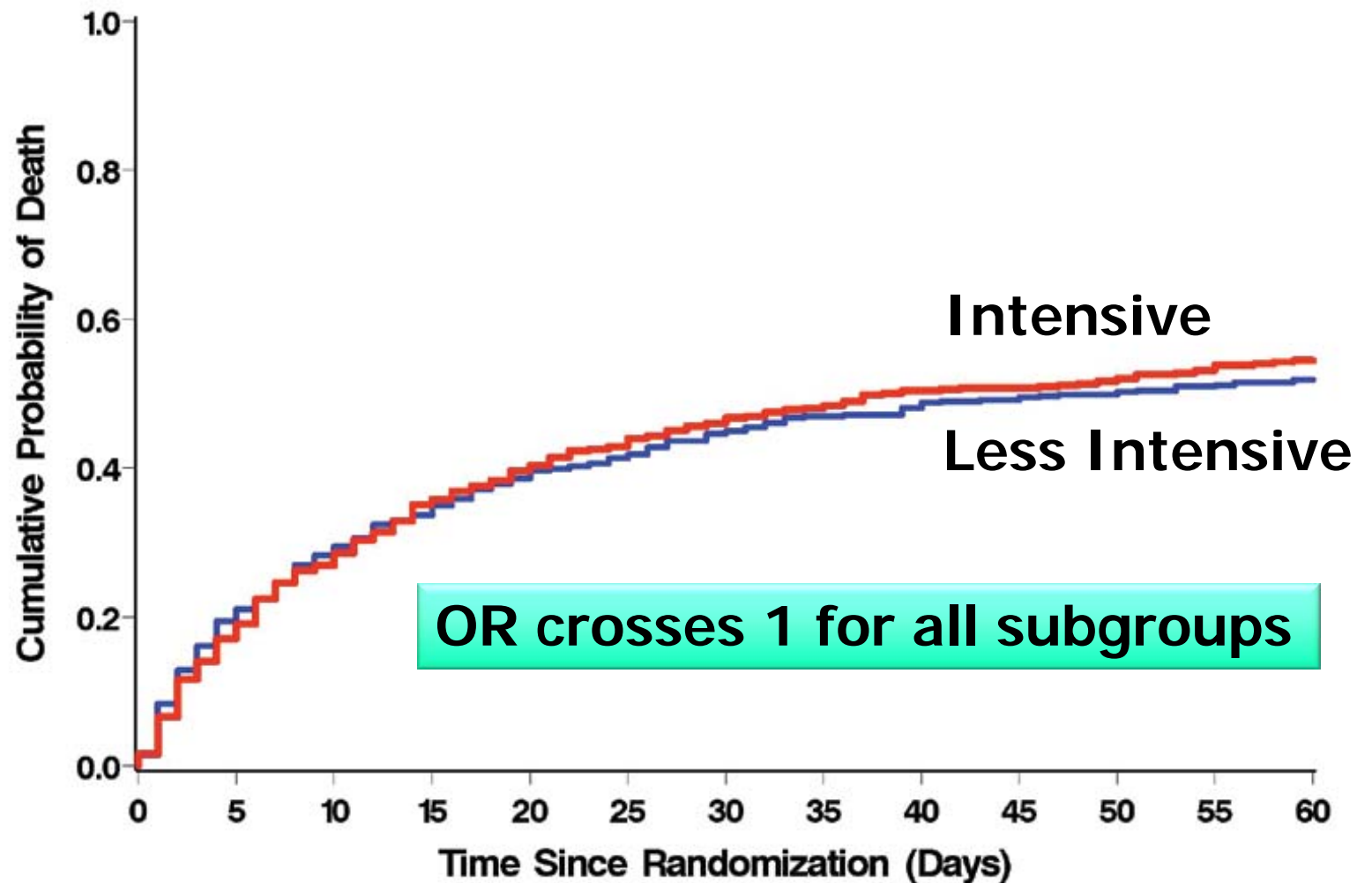
Intensity of Renal Support in Acute Kidney Injury

- Stable versus Unstable (n=1124)
 - IHD vs CRRT
 - More vs less dialysis dose
- Multicenter trial
- Anticipated an outcome benefit with CRRT
 - VA/NIH Cooperative Trial
- NO BENEFIT

ATN Investigators; *NEJM* 2008; 359; 7-20



Survival Not Impacted by Dose





Conclusions

- Fluids and electrolytes
 - Easy to understand
 - Easy to misuse
 - Anticipate untoward effects
- Renal support
 - Stable pt: non-inferiority - mode and dose
 - Unstable pt: data for CRRT only
 - May impact renal recovery
 - Esp. with diuretic use