

AAST Acute Care Surgery Didactic Curriculum

Brachial Artery Injury

Jason D. Sciarretta, MD, FACS

<u>Anatomy</u>

Highlights:

- Brachial artery arises from the axillary artery at the border of the trees major
- Relatively long, superficial, and travels medial to the humerus with adjacent nerves.
 - median nerve (superiorly and laterally)
 - ulnar and radial nerves (medially).
- Three main branches provide additional collateral flow:
 - profound brachii, superior ulnar, and inferior ulnar
- Terminates \sim 3–5 cm below the elbow skin crease, then divides into radial & ulnar arteries.
- Distribution of injury (proximal, middle, and distal): each equally injured a third of the time.
 - risk of limb loss is approximately 2 times greater after ligation of the common brachial when compared to the superficial brachial artery.

Injury/Disease Demographics

Highlights:

- One of the most frequently injured peripheral vessels injured (15-30%)
 - most common mechanism is penetrating injury (95%): gunshots, stab, glass, fractures.
 - Blunt injury is infrequent but can occur with supracondylar humerus fractures with anterior displacement or elbow dislocation.
- Degree of ischemia is related to the location of injury to the profunda brachii.
- Survival rates are high ranging from 95% to 100%
 - Deaths with brachial artery injuries are from associated injuries.

Clinical Presentation and Diagnosis

Highlights:

• The diagnosis of upper extremity arterial injury is often made clinically.

- Traditional hard signs of vascular injury include: absent/diminished pulses, active (pulsatile) bleeding, distal ischemia, expanding/pulsatile hematoma, and a thrill or bruit.
 - Pulse deficit (> 50%) is the most common finding on exam.
- Brachio-brachial indices (BBI) should be obtained (uninjured contralateral extremity)
 - abnormal arterial pressure index < 0.9 requires imaging if hemodynamically stable.
 - Computed tomography angiography (CTA): to localize and confirm the diagnosis.
 - Doppler ultrasound
 - Arteriogram
- Common radiographic findings include occlusion, intimal tears, and pseudoaneurysms
- Concomitant arterial and venous injury represents 20-40% of all vascular injury.
- Arterial or venous bleeding can be controlled with direct digital pressure or by application of a tourniquet however venous bleeding can be exacerbated.
- Absent pulses with of the upper extremity can be assessed with a CTA
- If normal perfusion does not return with resuscitation and fracture reduction, CTA is warranted.
 - helpful to identify brachial artery lesions and assist with operative planning.
 - multidiscipline approach with orthopedics or plastic surgery complex fractures, crush injuries, extensive tissue loss requiring coverage.
- Concomitant nerve is present in nearly 60% of brachial artery injuries.
 - If feasible, a thorough neurologic examination must be completed.
 - median nerve injury ~ 60-80% cases followed an ulnar nerve (23%), radial (12%), and musculocutaneous nerve injuries (4%)
 - multiple nerve injuries occurring in a little over 10%
 - long-term disability is secondary to nerve injuries.

Currently there is no role for endovascular stenting for brachial artery injuries.

Operative Exposure and Management

Highlights:

- Open exposure and brachial artery repair is the best approach to this injury.
- The exact method of repair is determined by the extent of the injury.
- Ischemia to reperfusion should be limited with early restoration of flow.
- Prep the upper anterior chest, shoulder, and extremity to allow incisions for vascular control and if necessary, fasciotomies.
 - \circ $\,$ An uninjured lower extremity is prepped for saphenous vein harvest.

- A longitudinal incision is made over the bicipital sulcus then extended with a laterally oriented S-curve across the antecubital fossa.
 - \circ the brachial artery dives below the bicipital aponeurosis, which should be divided.
 - \circ $\;$ temporary silastic shunts can be used to restore perfusion.
 - Setting of damage control, complex injuries and assoc. fractures
- Types of brachial artery injuries:
 - In decreasing frequency: transections, lacerations, thrombosis, pseudoaneurysm, intimal flaps, and pseudoaneurysms, arterio-venous (AV) fistulas
- General vascular principles are employed following proximal/distal control of vessel.
 - o exploration of injured arterial segment
 - o consider temporary intra-luminal shunts.
 - o orthopedic assessment and stabilization
 - o appropriate size fogarty for thrombectomy prior to reconstruction
 - o debridement of non-viable vessel
 - revascularization methods: tension free, polypropylene sutures
 - o primary repair
 - o vein patch
 - \circ $\;$ reversed autogenous saphenous vein.
 - PTFE graft are rare, considered if no suitable autogenous vein available.
 - $\circ~$ if poor conduit, acute thrombosis, or adequacy of flow ~ angiography.
 - o Continued evaluation for upper extremity compartment syndrome
- Rates of fasciotomies range from 15-30%.
 - Consider if ischemia greater than 4-hours.
 - clinical determination of tight compartments, presence of combined arterial and venous injuries, and/or associated open or closed fractures.
 - Normal compartment pressures 0 to 9 mmHg
 - Pressures 25-30 mmHg are considered elevated →fasciotomies.
 - Volar incision allows for decompression of the anterior compartment of forearm. A curvilinear incision and should be carried down through the carpal tunnel. The dorsal incision permits decompression of the posterior compartment and is a more linear incision.
- Currently there is no role for endovascular stenting for brachial artery injuries.

No conclusive data on the role of anticoagulation or anti-platelet therapy after upper extremity vascular repair and therefore, outside of center specific inpatient DVT prophylaxis, post-operative heparinoid nor aspirin therapy is not administered.



Figure 1: Left upper extremity shotgun injury with a torniquet (arrow) in place.



Figure 2: Left upper extremity shot gun injury with extensive soft tissue loss and placement of a 10 French Argyle[™] shunt in the proximal and distal ends of the brachial artery.