## LOS ANGELES COUNTY + USC MEDICAL CENTER

Height:	Weight in Kilograms:	Diagnosis:	Allergies:

## Adult ICU Continuous Insulin Infusion Orders

- 1. Discontinue all previous insulin and oral diabetic medication orders.
- 2. Perform fingerstick (or blood glucose) immediately prior to initiation of IV regular insulin continuous infusion.
- 3. Target blood glucose range is 120 180 mg/dL.
- 4. Start continuous insulin infusion when blood glucose is greater than 180 mg/dL.

Blood Glucose Results (mg/dL)	Standard Coverage	☐ Individualized Coverage
181 – 200	2 units/hour	units/hour
201 – 220	4 units/hour	units/hour
221 – 250	5 units/hour	units/hour
251 – 300	6 units/hour	units/hour
Greater than 300	8 units/hour	units/hour

- 5. Perform fingerstick (or blood glucose) every 1 hour for 4 hours continuously. If there is no change to insulin infusion for 2 consecutive hours (at least 6 hours after the initiation of insulin infusion), perform fingerstick every 2 hours.
- 6. Titrate to desired blood glucose goal:

Blood Glucose Level	Action	
Less than 70 mg/dL	Discontinue insulin infusion. Administer 50 mL of dextrose 50% in water for injection	
	(1 ampule of D <sub>50</sub> W) and recheck blood glucose in 10 minutes. Contact physician for	
	a new insulin infusion order.	
70 – 119 mg/dL	Hold continuous insulin infusion. Recheck blood glucose every hour, and restart con-	
	tinuous insulin infusion when blood glucose is 180 mg/dL or greater, at one-half (1/2)	
	the previous infusion rate.	
120 - 180 mg/dL	Continue insulin infusion at the same rate	
181 – 200 mg/dL	Increase continuous insulin infusion rate by 0.5 unit per hour.	
Greater than 200 mg/dL Increase continuous insulin infusion rate by 1 unit per hour.		

- 7. Monitor serum potassium every 6 hours for 48 hours after initiation of insulin infusion.
- 8. Contact physician if the drop in blood glucose is greater than 100 mg/dL between any two measurements.

Date:	Time:	Physician's Signature:	
Physician's	s ID Number:	Physician's Name (Print):	
Date:	Time:	RN's Signature:	
RN's Name	e (Print):	Scanned by:	

IMPRINT I.D. CARD (NAME MRUN CLINIC/WARD)



ADULT ICU CONTINUOUS INSULIN INFUSION PHYSICIAN'S ORDER SET

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FILE IN MEDICAL RECORD

1097 (2-11)