

OPEN

Performance of quick sequential organ failure assessment and modified age disease adjusted qadSOFA for the prediction of outcomes in emergency general surgery patients

Christian T. J. Magyar, MD, Tobias Haltmeier, MD, Jean-Baptiste Dubuis, MD, Alice Osterwalder, MD, Sebastian Winterhalder, MD, Daniel Candinas, MD, and Beat Schnüriger, MD, Bern, Switzerland

CONTINUING MEDICAL EDUCATION CREDIT INFORMATION

Accreditation

In support of improving patient care, this activity has been planned and implemented by CineMed and the American Association for the Surgery of Trauma. CineMed is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

AMA PRA Category 1 Credits™

CineMed designates this enduring material for a maximum of 1 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

Objectives

After reading the featured articles published in the *Journal of Trauma and Acute Care Surgery*, participants should be able to demonstrate increased understanding of the material specific to the article. Objectives for each article are featured at the beginning of each article and online. Test questions are at the end of the article, with a critique and specific location in the article referencing the question topic.

Disclosure Information

In accordance with the ACCME Accreditation Criteria, CineMed must ensure that anyone in a position to control the content of the educational activity (planners and speakers/authors/discussants/moderators) has disclosed all financial relationships with any commercial interest (termed by the ACCME as “ineligible companies”, defined below) held in the last 24 months (see below for definitions). Please note that first authors were required to collect and submit disclosure information on behalf of all other authors/contributors, if applicable.

Ineligible Company: The ACCME defines an “ineligible company” as any entity producing, marketing, selling, re-selling, or distributing health care goods or services used on or consumed by patients. Providers of clinical services directly to patients are NOT included in this definition.

Financial Relationships: Relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit. Financial benefits are usually associated with roles such as employment, management position, independent contractor (including contracted research), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and other activities from which remuneration is received, or expected.

Conflict of Interest: Circumstances create a conflict of interest when an individual has an opportunity to affect CME content about products or services of a commercial interest with which he/she has a financial relationship.

The ACCME also requires that CineMed manage any reported conflict and eliminate the potential for bias during the session. Any conflicts noted below have been managed to our satisfaction. The disclosure information is intended to identify any commercial relationships and allow learners to form their own judgments. However, if you perceive a bias during the educational activity, please report it on the evaluation. All relevant financial relationships have been mitigated.

AUTHORS/CONTRIBUTORS					
Christian T. J. Magyar, Tobias Haltmeier, Jean-Baptiste Dubuis, Alice Osterwalder, Sebastian Winterhalder, Daniel Candinas, and Beat Schnüriger, MD have nothing to disclose.					
EDITORIAL BOARD MEMBERS					
First Name	Last Name	Disclosure?	Name of Commercial Interest	What was Received?	What was the Role?
Michael	Nance	Yes	Endo Pharmaceuticals	Consulting fee	Consultant
Heena	Santry	Yes	NBBJ	Salary	Employee
Jose	Diaz	Yes	Acumed/Acute Innovations	Consulting fee	Consultant
Lena	Napolitano	Yes	Merck Global Negative Advisory Board/Abbvie Critical Care Working Group	Consulting fee	Advisor/Consultant
Roxie Albrecht, Walter Biffi, Karen Brasel, Clay Cothren Burlew, Raul Coimbra, Todd Costantini, Rochelle Dicker, Tabitha Garwe, Kenji Inaba, Rosemary Kozar, David Livingston, Ali Salim, Deborah Stein, Alex Valadka, Robert Winchell, Bishop L. Zakhar, and Ben Zarrau have no disclosures or conflicts of interest to report. The Editorial Office staff has no disclosures to report.					

Claiming Credit

To claim credit, please visit the AAST website at <http://www.aast.org/> and click on the “e-Learning/MOC” tab. You must read the article, successfully complete the post-test and evaluation. Your CME certificate will be available immediately upon receiving a passing score of 75% or higher on the post-test. Post-tests receiving a score of below 75% will require a retake of the test to receive credit.

Credits can only be claimed online

Cost

For AAST members and *Journal of Trauma and Acute Care Surgery* subscribers there is no charge to participate in this activity. For those who are not a member or subscriber, the cost for each credit is \$25.

Questions

If you have any questions, please contact AAST at 800-789-4006. Paper test and evaluations will not be accepted.

BACKGROUND:	Sepsis is a highly prevalent condition and is associated with a reported in-hospital mortality rate up to 40% in patients with abdominal sepsis requiring emergency general surgery (EGS). The quick sequential organ failure assessment score (qSOFA) has not been studied for EGS patients.
METHODS:	Retrospective cohort study in adult patients undergoing abdominal EGS at a university tertiary care center from 2016 to 2018. The primary outcome was mortality. The effect of clinical variables on outcomes was assessed in univariable and multivariable logistic regression analyses. Based on these results, the qSOFA score was modified. The performance of scores was assessed using receiver operating characteristics.
RESULTS:	Five hundred seventy-eight patients undergoing abdominal EGS were included. In-hospital mortality was 4.8% (28/578). Independent predictors for mortality were mesenteric ischemia (odds ratio [OR] 15.9; 95% confidence interval [CI] 5.2–48.6; $p < 0.001$), gastrointestinal tract perforation (OR 4.9; 95% CI 1.7–14.0; $p = 0.003$), 65 years or older (OR 4.1; 95% CI 1.5–11.4; $p = 0.008$), and increasing qSOFA (OR 1.8; 95% CI 1.2–2.8; $p = 0.007$). The modified qSOFA (qadSOFA) was developed. The area under the receiver operating characteristic curve of the qSOFA and qadSOFA for mortality was 0.715 and 0.859, respectively. Optimal cutoff value was identified as qadSOFA ≥ 3 (Youden Index 64.1%).
CONCLUSION:	This is the first study investigating the qSOFA as a predictor for clinical outcomes in EGS. Compared with the qSOFA, the new qadSOFA revealed an excellent predictive power for clinical outcomes. Further validation of qadSOFA is warranted. (<i>J Trauma Acute Care Surg.</i> 2022;93: 558–565. Copyright © 2022 The Author(s). Published by Wolters Kluwer Health, Inc.)
LEVEL OF EVIDENCE:	Diagnostic test/criteria; Level II.
KEY WORDS:	Emergency general surgery; quick sequential organ failure assessment score (qSOFA); quick age disease sequential organ failure assessment score (qadSOFA); sepsis; mortality.

Sepsis is a highly prevalent condition and is associated with a 10% to 20% in-hospital mortality rate, exceeding up to 30% to 40% in patients with abdominal sepsis requiring surgery.^{1–6} In this group of patients, adequate preoperative prediction of outcomes is crucial for the acute decision making.⁷

In 2016, the quick sequential (sepsis-related) organ failure assessment score (qSOFA) was introduced.⁸ The qSOFA includes three criteria with a maximum of three points: altered mentation (Glasgow Coma Scale [GCS] score, ≤ 14), hypotension (systolic blood pressure, ≤ 100 mm Hg), and tachypnea (respiratory rate, ≥ 22 /min). The original SOFA grades the abnormality by organ system and takes into account the respiratory function ($\text{PaO}_2/\text{FIO}_2$), coagulation (platelets), liver function (bilirubin), cardiovascular function (vasopressor dosage), altered mentation (GCS score), and renal function (creatinine or urine output). The advantage of the qSOFA is given by its simplicity—particularly in situations and conditions where not all components of the SOFA are available, such as in an emergency department (ED) or on the surgical ward. Several studies have investigated the predictive value of the SOFA and qSOFA in various groups of patients with conflicting results regarding prognostic value

e.g., area under the receiving operator curve for mortality in suspected infection (SOFA, 0.79; 95% CI 0.78–0.80 vs. qSOFA, 0.81; 95% CI 0.80–0.82).^{1,2,8–20} Currently, the 2021 surviving sepsis campaign advocated against the use of qSOFA as a single screening tool due to the poor sensitivity.²¹

However, the usefulness of the qSOFA for patients requiring emergency general surgery (EGS) for acute abdominal diseases specifically has not been studied so far. Moreover, a recent international multisociety consensus guideline does not provide a clinically applicable pathway on how to early identify EGS patients at risk for sepsis.⁷

The aim of this study was (1) to assess the accuracy of the qSOFA to predict in-hospital mortality and the need for higher level of care (intensive care unit [ICU] admission and need for mechanical ventilation) and (2) to improve the score regarding the prognostic value in patients undergoing abdominal EGS. We hypothesized that the predictive power of the qSOFA is (1) of limited predictive value in an EGS population and (2) can be improved by modifying the score using the specific characteristics of the investigated patient population.

PATIENTS AND METHODS

This retrospective cohort study included adult patients undergoing abdominal EGS at a tertiary hospital looking at the performance of the qSOFA in predicting clinical outcomes and aiming to improve the discriminatory power of the score. The study has been approved by the local ethics committee (Project BASEC-ID 2019–02338).

Data Collection

Adult patients (age ≥ 18 years) undergoing EGS for mesenteric ischemia (MI), gastrointestinal (GIT) perforation, bowel obstruction, cholecystitis, appendicitis, or incarcerated hernia at a tertiary university hospital, between January 1, 2016, and December 31, 2018, were retrospectively included. Patients with documented objection to general consent, other surgical interventions (e.g., nontraumatic bleeding, pancreatic necrosectomy,

Submitted: April 12, 2022. Revised: June 2, 2022. Accepted: June 25, 2022. Published online: July 15, 2022.

From the Department of Visceral Surgery and Medicine, Inselspital, Bern University Hospital, University of Bern, Bern, Switzerland.

Part of the results were presented and awarded with the 1st SwissACS Prize for the best abstract at the “11th Swiss Trauma & Acute Care Surgery Days 2022,” March 11, 2022, at the Inselspital, Bern University Hospital, Bern, Switzerland.

Supplemental digital content is available for this article. Direct URL citations appear in the printed text, and links to the digital files are provided in the HTML text of this article on the journal’s Web site (www.jtrauma.com).

Address for reprints: Beat Schnüriger, MD, Department of Visceral Surgery and Medicine, Inselspital, Bern University Hospital, University of Bern, 3010 Bern, Switzerland; email: beat.schnuriger@gmail.com.

This is an open-access article distributed under the terms of the Creative Commons Attribution-Non Commercial-No Derivatives License 4.0 (CCBY-NC-ND), where it is permissible to download and share the work provided it is properly cited. The work cannot be changed in any way or used commercially without permission from the journal.

DOI: 10.1097/TA.00000000000003742

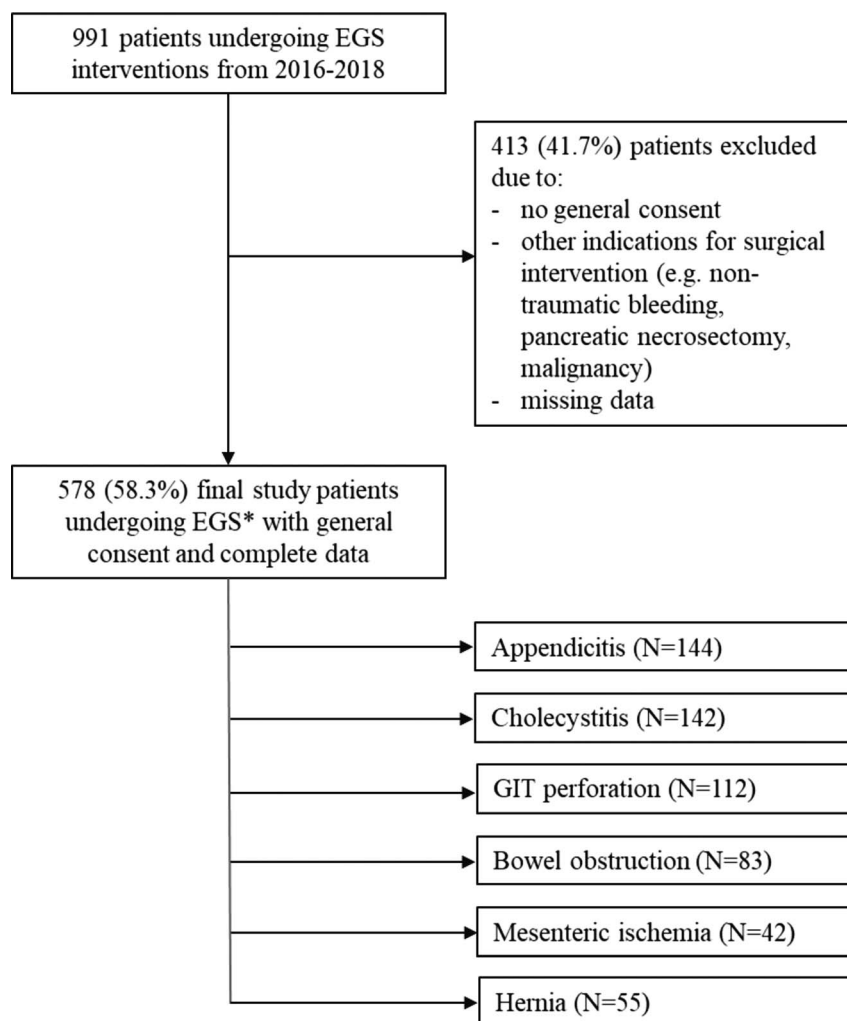


Figure 1. Study Outline. *Undergoing surgery for either of the following diseases: appendicitis, cholecystitis, GIT perforation, bowel obstruction, MI or hernia.

malignancy) or incomplete data were excluded. Patient demographics, disease, treatment and outcome variables were extracted from electronic medical records. The qSOFA on admission to the ED was calculated according to the Sepsis-3 guideline⁸ including the following criteria: systolic blood pressure of 100 mmHg or lower (1 point), respiration rate of 22 breaths per minute or greater (1 point), and altered mentation defined as decreased neurology as GCS score of 14 or less (1 point).

Definitions

Gastrointestinal perforation was defined as gastric or duodenal perforation, small/large bowel perforation, or anastomotic leakage. Bowel obstruction included small or large bowel obstruction. The diagnosis of MI was based on intraoperative confirmation of findings. In case of bowel perforation due to an incarcerated hernia, the patient was categorized to the GIT perforation subgroup. Significant morbidity was defined as a complication requiring at least a surgical, endoscopic or radiological intervention, corresponding to a Dindo-Clavien classification of $\geq 3a$.^{22,23}

Outcomes

The primary goal of this study was to assess the predictive power of the qSOFA score for the primary outcome (in-hospital mortality) and secondary outcomes (ICU admission, and mechanical ventilation). The secondary goal was to improve the discriminatory power qSOFA score based on the specific characteristics of this patient population.

Statistical Analysis

Categorical variables were reported as numbers and percentages, continuous variables as medians and interquartile ranges (IQR). Normality of data distribution of continuous variables was assessed using normal distribution plots, inspection of histograms, skewness, and the Shapiro-Wilk test. Categorical and continuous variables were compared using Pearson χ^2 test and Mann-Whitney *U* test, respectively.

Multivariable forward logistic regression analysis was applied to identify potential independent predictors for mortality, ICU admission and the need for mechanical ventilation. Variables with *p* values less than 0.20 in univariable analysis were entered into the equation of the forward logistic regression.

TABLE 1. Effect of Patient and Disease Characteristics on Mortality

	Total	Survivors	Non-survivors	OR (95% CI)	p**
n=	578	550	28		
Age ≥65 years	260 (45%)	237 (91.2%)	23 (8.8%)	6.08 (2.28–16.21)	<0.001
Age*	60 (44–75)	59 (43–74)	78 (69–84)	1.06 (1.03–1.09)	<0.001
Male	314 (54.3%)	298 (94.9%)	16 (5.1%)	1.13 (0.52–2.43)	0.759
BMI [kg/m ²]*	26.0 (22.8–29.1)	26.0 (22.8–29.1)	26.6 (22.4–31.0)	1.00 (0.98–1.03)	0.906
MI	42 (7.3%)	31 (73.8%)	11 (26.2%)	10.83 (4.67–25.11)	<0.001
GIT perforation	112 (19.4%)	101 (90.2%)	11 (9.8%)	2.88 (1.31–6.33)	0.006
Gastric duodenal perforation	28 (4.8%)	27 (96.4%)	1 (3.6%)	0.72 (0.09–5.48)	0.748
Small bowel perforation	18 (3.1%)	16 (88.9%)	2 (11.1%)	2.57 (0.56–11.76)	0.209
Colon perforation	44 (7.6%)	36 (81.8%)	8 (18.2%)	5.71 (2.35–13.86)	<0.001
Anastomotic leakage	22 (3.8%)	22 (100%)	0 (0%)	-	0.281
Bowel obstruction	83 (14.4%)	79 (95.2%)	4 (4.8%)	0.99 (0.34–2.94)	0.991
Small bowel obstruction	54 (9.3%)	52 (96.3%)	2 (3.7%)	0.74 (0.17–3.19)	0.682
Large bowel obstruction	29 (5%)	27 (93.1%)	2 (6.9%)	1.49 (0.34–6.61)	0.598
Cholecystitis	142 (24.6%)	140 (98.6%)	2 (1.4%)	0.23 (0.05–0.96)	0.028
Appendicitis	144 (24.9%)	144 (100%)	0 (0%)	-	0.002
Hernia	55 (9.5%)	55 (100%)	0 (0%)	-	0.079
GCS score ≤14	61 (10.6%)	50 (82%)	11 (18%)	6.47 (2.87–14.58)	<0.001
GCS score*	15 (15–15)	15 (15–15)	15 (14–15)	0.78 (0.69–0.87)	<0.001
sBP ≤100 mmHg	128 (22.1%)	114 (89.1%)	14 (10.9%)	3.82 (1.77–8.25)	<0.001
sBP [mmHg]*	120 (103–138)	120 (104–138)	101 (81–138)	0.98 (0.97–1.00)	0.011
Respiration rate ≥22/min	275 (47.6%)	254 (92.4%)	21 (7.6%)	3.50 (1.46–8.36)	0.003
Respiration rate [/min]*	21 (15–25)	21 (15–25)	24 (18–30)	1.04 (1.00–1.08)	0.025
qSOFA 0 pts	249 (43.1%)	243 (97.6%)	6 (2.4%)	0.34 (0.14–0.86)	0.018
qSOFA 1 pts	220 (38.1%)	213 (96.8%)	7 (3.2%)	0.53 (0.22–1.26)	0.144
qSOFA 2 pts	83 (14.4%)	77 (92.8%)	6 (7.2%)	1.68 (0.66–4.26)	0.274
qSOFA 3 pts	26 (4.5%)	17 (65.4%)	9 (34.6%)	14.85 (5.87–37.59)	<0.001
qSOFA ≥2 pts	109 (18.9%)	94 (86.2%)	15 (13.8%)	5.60 (2.58–12.15)	<0.001

sBP, systolic blood pressure; qSOFA, quick sequential organ failure assessment score; BMI, body mass index; 95% CI, 95% confidence interval; pts, points; *, Values are medians (inter-quartile ranges (IQR)); **, Pearson χ^2 or Mann-Whitney *U* test.

TABLE 2. Primary and Secondary Outcome Analysis Stratified According qSOFA and qadSOFA

		Mortality		ICU Admission		Ventilation	
		n/n	Proportion (95% CI)	n/n	Proportion (95% CI)	n/n	Proportion (95% CI)
qSOFA	0	6/249	2.4% (1%–4.9%)	26/249	10.4% (7.1%–14.7%)	15/249	6.0% (3.6%–9.5%)
	1	7/220	3.2% (1.4%–6.1%)	46/220	20.9% (15.9%–26.6%)	29/220	13.2% (9.2%–18.1%)
	2	6/83	7.2% (3.1%–14.3%)	32/83	38.6% (28.6%–49.3%)	25/83	30.1% (21.1%–40.5%)
	3	9/26	34.6% (18.7%–53.7%)	21/26	80.8% (62.9%–92.3%)	20/26	76.9% (58.5%–89.7%)
		n/n	Proportion (95% CI)	n/n	Proportion (95% CI)	n/n	Proportion (95% CI)
qadSOFA	0	1/151	0.7% (0.1%–3.1%)	3/151	2.0% (0.6%–5.2%)	1/151	0.7% (0.1%–3.1%)
	1	2/158	1.3% (0.3%–4%)	16/158	10.1% (6.1%–15.5%)	6/158	3.8% (1.6%–7.7%)
	2	1/126	0.8% (0.1%–3.6%)	26/126	20.6% (14.3%–28.3%)	15/126	11.9% (7.1%–18.4%)
	3	5/70	7.1% (2.8%–14.9%)	29/70	41.4% (30.4%–53.1%)	22/70	31.4% (21.5%–42.9%)
	4	9/40	22.5% (11.8%–37.1%)	22/40	55.0% (39.7%–69.6%)	17/40	42.5% (28.1%–57.9%)
	5	5/22	22.7% (9.2%–42.9%)	19/22	86.4% (67.9%–96.0%)	18/22	81.8% (62.4%–93.5%)
	6	2/5	40.0% (9.4%–79.1%)	4/5	80.0% (37.1%–97.7%)	4/5	80.0% (37.1%–97.7%)
	7	3/6	50.0% (16.7%–83.3%)	6/6	100.0% (100%–100%)	6/6	100.0% (100%–100%)

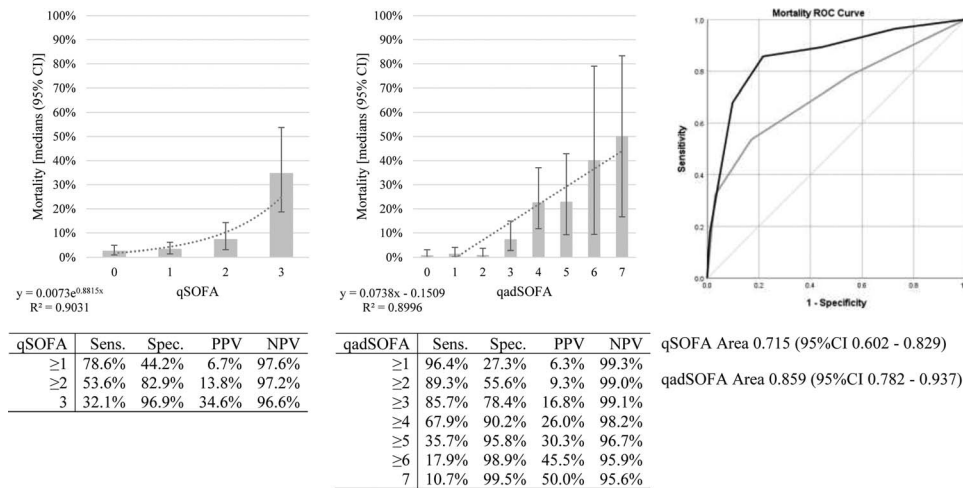


Figure 2. Diagnostic Ability and Test Performance of qSOFA vs. qadSOFA to Predict Mortality. Description: Cutoff values are calculated comparing to patients in all subgroups with lower than cutoff values, e.g. qSOFA $\geq$ 1 vs. qSOFA = 0. Abbreviations: Sens., sensitivity; Spec., specificity. Color coding: black, qadSOFA; gray qSOFA.

model. A p value of 0.05 or less was considered statistically significant. Effect sizes were reported as odds ratio (OR) with 95% confidence intervals (CI). Different thresholds for age were assessed. The qSOFA score was modified according to the results of the multivariable regression analysis. Variables that were independently associated with the reported primary outcome were included in the modified qSOFA and weighted based on the OR.

The performance of the qSOFA and the modified qSOFA was assessed using area under the receiver operating characteristics (AUROC) curves, sensitivity, specificity, positive predictive value (PPV), and negative predictive value (NPV). Optimal cutoff values were determined on the ROC curve using the maximum Youden

index [sensitivity - (1 - specificity)]. Acceptable Youden index was defined as 50% or greater.

Statistical analysis was performed using SPSS Statistics version 25 (IBM Corporation, Armonk, NY). Reporting of this diagnostic study is undertaken in accord with the STARD guidelines (Supplemental Digital Content, <http://links.lww.com/TA/C638>).²⁴

RESULTS

Patient Population

A total of 991 patients underwent EGS interventions for various reasons during the entire three study years. Of these, 578 patients (58.3%) were finally enrolled for further analysis

TABLE 3. Independent Predictors for Mortality, ICU, and Mechanical Ventilation

	Variables	OR	95% CI		p	Nagelkerke R^2	Cox and Snell R^2
			Lower	Upper			
Mortality	MI	15.947	5.234	48.585	<0.001	0.305	0.098
	GIT perforation	4.858	1.690	13.963	0.003		
	Age $\geq$ 65 y	4.059	1.446	11.394	0.008		
	qSOFA	1.825	1.175	2.834	0.007		
ICU	MI	8.564	3.590	20.426	<0.001	0.435	0.282
	Age $\geq$ 65 y	3.316	1.943	5.658	<0.001		
	qSOFA	2.173	1.624	2.909	<0.001		
	GIT perforation	1.847	1.002	3.404	0.049		
	Cholecystitis	0.277	0.131	0.586	0.001		
	Appendicitis	0.165	0.054	0.502	0.002		
Ventilation	MI	24.664	10.413	58.424	<0.001	0.459	0.264
	Age $\geq$ 65 y	6.271	3.217	12.221	<0.001		
	GIT perforation	4.266	2.289	7.950	<0.001		
	qSOFA	2.503	1.802	3.478	<0.001		

Stepwise forward logistic regression analysis including all variables with p value <0.20 in univariable analysis: 65 years or older, appendicitis, cholecystitis, hernia, MI, GIT perforation (as composite/co-linearity of gastric duodenal perforation, small bowel perforation, colon perforation, anastomotic leakage), qSOFA (as composite/co-linearity of: sBP $\leq$ 100 mm Hg, respiration rate $\geq$ 22 and GCS score $\leq$ 14).

TABLE 4. Calculation of the qadSOFA

	Variables	Points
q	Systolic blood pressure ≤ 100 mmHg	+1
	Respiration rate ≥ 22 breaths per minute	+1
	GCS score ≤ 14	+1
a	Age ≥ 65 y	+1
d	Disease	
	Gastrointestinal perforation	+1
	MI	+3
Total		0–7

(Fig. 1). Table 1 is showing the demographics, disease characteristics and vital signs on ED admission for the entire study population. Median age was 60 years (IQR 44–75 years). The majority were male (54.3%, 314/578). Median body mass index was 26.0 kg/m² (IQR 22.8–29.1 kg/m²). Indications for EGS included acute appendicitis (24.9%, 144/578), acute cholecystitis (24.6%, 142/578), GIT perforation (19.4%, 112/578), bowel obstruction (14.4%, 83/578), incarcerated hernia (9.5%, 55/578), and MI (7.3%, 42/578).

Overall, observed in-hospital mortality was 4.8% (28/578) (Table 1 and Table 2). The highest mortality rate was found in patients with MI (26.2%, 11/42) and large bowel perforation (18.2%, 8/44). Median hospital length of stay and ICU length of stay were 5 days (IQR 3–10 days) and 3 days (IQR 1–6 days), respectively. Severe complications (Dindo-Clavien Classification $\geq 3a$) occurred in 15.6% (90/578) of patients.

Diagnostic Ability and Test Performance of the qSOFA

Table 1 and 2 are showing mortality rates stratified according to the qSOFA. No significantly higher mortality was found when comparing patients with a qSOFA = 0 versus qSOFA = 1 [2.4% (95% CI 1.0–4.9%) vs. 3.2% (95% CI 1.4–6.1%) $p = 0.780$] and patients with a qSOFA = 1 versus qSOFA = 2 [3.2% (95% CI 1.4–6.1%) vs. 7.2% (95% CI 3.1–14.3%) $p = 0.199$]. The mortality rate of patients with a qSOFA = 3 was significantly higher than the rate of patients with a qSOFA = 2 [34.6% (95% CI 18.7–53.7%) vs. 7.2% (95% CI 3.1–14.3%) $p < 0.001$].

The AUROC of the qSOFA to predict mortality, ICU admission, and the need for mechanical ventilation were 0.715 (95% CI 0.602–0.829), 0.709 (95% CI 0.655–0.763), and 0.744 (95% CI 0.684–0.804), respectively (Fig. 2 and Supplemental Digital Content Figures 1 and 2, <http://links.lww.com/TA/C639>). For the qSOFA score, exponential trendlines demonstrated the highest correlation R^2 with regard to the observed outcomes. According to the Youden Index, the optimal cutoff value for mortality was identified as qSOFA ≥ 2 (53.6% sensitivity, 82.9% specificity, 13.8% PPV, 97.2% NPV; Youden Index 36.5%).

Diagnostic Ability and Test Performance of a Modified qadSOFA

Multivariable logistic regression analysis identified MI, GIT perforation, and 65 years or older as independent predictors for mortality, ICU admission and the need for mechanical ventilation (Table 3). Accordingly, the qSOFA score was modified using these three variables, leading to the age- and disease-

adjusted qSOFA (qadSOFA) score. Based on the OR of the multivariable regression analysis for mortality, 1 point was added to the score for older than 65 years, 1 point for GIT perforation, and 3 points for MI. (Table 4). If both, GIT perforation and MI were present, MI alone was entered in the score.

Figure 2 and Supplemental Digital Content Figures 1 and 2, <http://links.lww.com/TA/C639>, are summarizing the diagnostic ability and test performance of the qadSOFA for mortality, ICU admission and mechanical ventilation. The AUROC of the qadSOFA to predict mortality, ICU admission and the need for mechanical ventilation were 0.859 (95% CI 0.782–0.937), 0.834 (95% CI 0.795–0.874), and 0.875 (95% CI 0.837–0.913), respectively. Linear trendlines demonstrated the highest correlation R^2 for the qadSOFA score with regard to the observed outcomes. According to the Youden Index, the optimal cutoff value for mortality was identified as qadSOFA ≥ 3 (85.7% sensitivity, 78.4% specificity, 16.8% PPV, 99.1% NPV; Youden Index 64.1%).

DISCUSSION

This study validated for the first time the qSOFA to predict mortality and higher need of care in abdominal EGS patients specifically. In this group of patients, no acceptable cutoff value of qSOFA to predict mortality was identified (maximum Youden Index 36.5%), revealing its limited prognostic ability.

On the other hand, the newly developed qadSOFA score, including age, MI, and GIT perforation in addition to the variables of the qSOFA score, revealed an excellent discriminatory performance for the investigated clinical outcomes (Fig. 2 and Supplemental Digital Content Figures 1 and 2, <http://links.lww.com/TA/C639>, maximum Youden Index 64.1%). Moreover, the best trendlines through the observed outcomes turned from exponential for the qSOFA to linear for the qadSOFA. This finding may improve applicability and interpretation of the qadSOFA in the daily clinical use. The qadSOFA score thus is a promising new score for the prediction of outcomes in the investigated patient population.

The current study population comprised EGS patients with various abdominal emergencies (mean 193 patients per annum) and is comparable to other busy acute care centers.¹ The detected mortality rate of 4.3% in the current study is comparable to the literature with the highest mortality rate for patients suffering from MI (26.2%).^{1–6,25–27}

In the daily clinical routine, it is of highest importance to predict outcomes at a very early stage of surgical decision making. Especially in times of reduced hospital and ICU resources, increasing frailty of EGS patients and different patients' or relatives' treatment expectations and goals, predictive scores may facilitate decision making in a timely manner. Of note, in a recent meta-analysis, frailty (relevant especially in patients with age ≥ 65 years) was significantly associated with mortality patients undergoing abdominal EGS (OR 4.3; 95% CI 2.25–8.19; $p < 0.05$).²⁶ Similar to the study by Kennedy et al., age has been included as a variable into the qadSOFA to further improve prediction for mortality. However, scores to predict mortality need to be applicable at a very early stage of decision making, where only a limited number of variables are available. A previous study has shown that due to the complexity of data needed to calculate scores, such as the SOFA, multiple organ dysfunction

score or the Denver score, feasibility might be as low as 5.0% in EGS patient cohorts.¹ In accordance with the findings of the mentioned study, we think that only variables that are documented routinely in daily clinical practice are useful for any predictive score. In contrast to above-mentioned scores, this does apply for the qSOFA and the proposed qadSOFA. Both scores are easy to calculate and applicable bedside in EGS patients.

In the current study, a significant increase of mortality in abdominal EGS patients was detected only in qSOFA = 2 versus qSOFA = 3 with mortality in the latter group of 34.6% (95% CI 18.7–53.7%). This finding is in contrast to previous studies on septic patients, where a cutoff value of a qSOFA ≥ 2 has been established.^{28,29} However, these studies included patients with heterogeneous sources of sepsis with no possible extrapolation to patients requiring EGS specifically. In the current study, the qSOFA revealed limited prognostic value with an AUROC of 0.715 (95% CI 0.602–0.829) and a maximal PPV for mortality of 34.6% with the maximum Youden Index less than 50%.

The qadSOFA remains clinically applicable as it includes solely additional variables that are available at a very early stage of hospital care. Age is a throughout available variable. The disease or pathology of the patient is identified either preoperatively by imaging (e.g., contrast-enhanced computed tomography scan) or, at the latest, during surgery. In the current study, the qadSOFA was available for 100% of patients.

Limitations

Because of the retrospective design of the current study there is a possible selection and attribution bias. Moreover, due to the single-center design at a tertiary university hospital, the reproducibility of study results might be limited at other centers. In addition, the current analysis is lacking a validation of the newly developed qadSOFA score to other cohorts of patients undergoing EGS. A post hoc power calculation for mortality rates in qSOFA = 3 versus qadSOFA = 7 with a type I/II error rate alpha 0.05 results in 10.6% power.

CONCLUSION

This is the first study investigating the qSOFA score as a predictor for clinical outcomes specifically in patients undergoing EGS. Based on the characteristics of this specific patient population, the modified age and disease adjusted qSOFA (qadSOFA) score was developed. Compared with the qSOFA score, the new qadSOFA revealed an excellent predictive power for clinical outcomes. Nevertheless, in clinical practice, a qSOFA = 3 is worrisome and postoperative higher level of care needs to anticipated. Future validation of the qadSOFA on different datasets is warranted.

AUTHORSHIP

C.T.J.M. participated in the data analysis, data interpretation, writing, literature review, drafting, critical revision. T.H. participated in the data analysis, data interpretation, drafting, critical revision. J.-B.D. participated in the data collection, drafting, critical revision. A.O. participated in the data collection, drafting, critical revision. S.W. participated in the data collection, drafting, critical revision. D.C. participated in the data interpretation, drafting, critical revision. B.S. participated in the study design, data interpretation, writing, drafting, critical revision.

DISCLOSURE

The 1964 Helsinki declaration and its later amendments and comparable ethical standards were obeyed. There were no animal studies performed by any of the authors for this study. The authors declare no funding or conflicts of interest.

REFERENCES

- Braasch MC, Halimeh BN, Guidry CA. Availability of Multiple Organ Failure Score Components in Surgical Patients. *Surg Infect.* 2022;23(2): 178–182.
- Zhong M, Pan T, Sun NN, Tan RM, Xu W, Qiu YZ, et al. Early prediction for persistent inflammation-immunosuppression catabolism syndrome in surgical sepsis patients. *Int J Gen Med.* 2021;14:5441–5448.
- Angus DC, van der Poll T. Severe sepsis and septic shock. *N Engl J Med.* 2013;369(9):840–851.
- Yealy DM, Kellum JA, Huang DT, Barnato AE, Weissfeld LA, Pike F, et al. A randomized trial of protocol-based care for early septic shock. *N Engl J Med.* 2014;370(18):1683–1693.
- Peake SL, Delaney A, Bailey M, Bellomo R, Cameron PA, Cooper DJ, et al. Goal-directed resuscitation for patients with early septic shock. *N Engl J Med.* 2014;371(16):1496–1506.
- Mouncey PR, Osborn TM, Power GS, Harrison DA, Sadique MZ, Grieve RD, et al. Trial of early, goal-directed resuscitation for septic shock. *N Engl J Med.* 2015;372(14):1301–1311.
- Sartelli M, Coccolini F, Kluger Y, Agastra E, Abu-Zidan FM, Abbas AES, et al. WSES/GAIS/SIS-E/WSIS/AAST global clinical pathways for patients with intra-abdominal infections. *World J Emerg Surg.* 2021;16(1):49.
- Singer M, Deutschman CS, Seymour C, Shankar-Hari M, Annane D, Bauer M, et al. The third international consensus definitions for sepsis and septic shock (sepsis-3). *JAMA.* 2016;315(8):801–810.
- Dewar DC, White A, Attia J, Tarrant SM, King KL, Balogh ZJ. Comparison of postinjury multiple-organ failure scoring systems: Denver versus sequential organ failure assessment. *J Trauma Acute Care Surg.* 2014;77(4):624–629.
- Hutchings L, Watkinson P, Young JD, Willett K. Defining multiple organ failure after major trauma: a comparison of the Denver, sequential organ failure assessment, and Marshall scoring systems. *J Trauma Acute Care Surg.* 2017;82(3):534–541.
- Alser O, Mokhtari A, Naar L, Langeveld K, Breen KA, El Moheb M, et al. Multisystem outcomes and predictors of mortality in critically ill patients with COVID-19: demographics and disease acuity matter more than comorbidities or treatment modalities. *J Trauma Acute Care Surg.* 2021; 90(5):880–890.
- Askim Å, Moser F, Gustad LT, Stene H, Gundersen M, Åsvold BO, et al. Poor performance of quick-SOFA (qSOFA) score in predicting severe sepsis and mortality—a prospective study of patients admitted with infection to the emergency department. *Scand J Trauma Resusc Emerg Med.* 2017;25(1):56.
- Franchini S, Duca A. qSOFA should replace SIRS as the screening tool for sepsis. *Crit Care.* 2016;20(1):409.
- Haydar S, Spanier M, Weems P, Wood S, Strout T. Comparison of QSOFA score and SIRS criteria as screening mechanisms for emergency department sepsis. *Am J Emerg Med.* 2017;35(11):1730–1733.
- Lamontagne F, Harrison DA, Rowan KM. qSOFA for identifying sepsis among patients with infection. *JAMA.* 2017;317(3):267–268.
- Raith EP, Udy AA, Bailey M, McGloughlin S, MacIsaac C, Bellomo R, et al. Prognostic accuracy of the SOFA score, SIRS criteria, and qSOFA score for in-hospital mortality among adults with suspected infection admitted to the intensive care unit. *JAMA.* 2017;317(3):290–300.
- Green SL, Smith MTD, Cairns C, Clarke DL, Bruce J, Bekker W, et al. The combined SIRS + qSOFA (qSIRS) score is more accurate than qSOFA alone in predicting mortality in patients with surgical sepsis in an LMIC emergency department. *World J Surg.* 2020;44(1):21–29.
- Franchini S, Scarallo L, Carlucci M, Cabrini L, Tresoldi M. SIRS or qSOFA? Is that the question? Clinical and methodological observations from a meta-analysis and critical review on the prognostication of patients with suspected sepsis outside the ICU. *Intern Emerg Med.* 2019;14(4):593–602.
- Liu SJ, Hu H. Comparison of six scoring systems for predicting the mortality of severe sepsis patients in the emergency department. *Am J Emerg Med.* 2018;36(5):902–904.
- Maitra S, Som A, Bhattacharjee S. Accuracy of quick sequential organ failure assessment (qSOFA) score and systemic inflammatory response

- syndrome (SIRS) criteria for predicting mortality in hospitalized patients with suspected infection: a meta-analysis of observational studies. *Clin Microbiol Infect.* 2018;24(11):1123–1129.
21. Evans L, Rhodes A, Alhazzani W, Antonelli M, Coopersmith CM, French C, et al. Surviving sepsis campaign: international guidelines for management of sepsis and septic shock 2021. *Intensive Care Med.* 2021;47(11):1181–1247.
 22. Dindo D, Demartines N, Clavien PA. Classification of surgical complications: a new proposal with evaluation in a cohort of 6336 patients and results of a survey. *Ann Surg.* 2004;240(2):205–213.
 23. Clavien PA, Barkun J, De Oliveira ML, Vauthey JN, Dindo D, Schulick RD, et al. The Clavien-Dindo classification of surgical complications: five-year experience. *Ann Surg.* 2009;250(2):187–196.
 24. Bossuyt PM, Reitsma JB, Bruns DE, Gatsonis CA, Glasziou PP, Irwig L, et al. STARD 2015: an updated list of essential items for reporting diagnostic accuracy studies. *Clin Chem.* 2015;61(12):1446–1452.
 25. Cain BT, Horns JJ, Huang LC, McCrum ML. Socioeconomic Disadvantage is Associated with Greater Mortality after High-Risk Emergency General Surgery. *J Trauma Acute Care Surg.* 2022;92(4):691–700.
 26. Kennedy CA, Shipway D, Barry K. Frailty and emergency abdominal surgery: a systematic review and meta-analysis. *Surgeon.* 2021;S1479-666X(21):00198.
 27. Hou L, Wang T, Wang J, Zhao J, Yuan D. Outcomes of different acute mesenteric ischemia therapies in the last 20 years: a meta-analysis and systematic review. *Vascular.* 2021;170853812110245.
 28. Lavanchy JL, Dubuis JB, Osterwalder A, Winterhalder S, Haltmeier T, Candinas D, et al. Impact of inter-hospital transfer on outcomes in patients undergoing emergency abdominal surgery: a tertiary referral center's perspective. *World J Surg.* 2021;45(9):2703–2711.
 29. Freund Y, Lemachatti N, Krastinova E, Van Laer M, Claessens YE, Avondo A, et al. Prognostic accuracy of sepsis-3 criteria for in-hospital mortality among patients with suspected infection presenting to the emergency department. *JAMA.* 2017;317(3):301–308.