

B. Duty Hours

1. Duty hours are defined as all clinical and academic activities related to the fellowship program, including but not limited to: patient care (both inpatient and outpatient), administrative duties relative to patient care, the provision for transfer of patient care, time spent in-house during call activities, and scheduled activities such as conferences. Duty hours do not include reading and preparation time spent away from the duty site.
2. Duty hours must be limited to 80 hours per week, averaged over a four-week period, inclusive of all in-house call activities.
3. Fellows must be provided with one (1) day in seven (7) free from all educational and clinical responsibilities averaged over a four-week period, inclusive of call. *One day* is defined as one (1) continuous 24-hour period free from all clinical, educational, and administrative duties.
4. Adequate time for rest and personal activities must be provided. This should optimally consist of a ten-hour time period provided between all daily duty periods and after in-house call.

C. On-Call Activities

The objective of on-call activities is to provide fellows with continuity of patient care experiences throughout a 24-hour period. *In-house call* is defined as those duty hours beyond the normal work day, when fellows are required to be immediately available in the assigned institution.

1. In-house call must occur no more frequently than every third night, averaged over a four-week period.
2. Continuous on-site duty, including in-house call, must not exceed 24 consecutive hours. Optimally, fellows should remain on duty for up to only four (4) additional hours to participate in didactic activities, transfer care of patients, conduct outpatient clinics, and maintain continuity of medical and surgical care. Since fellows are mature learners, exceptions to the duty hours are allowed for rare circumstances that are outstanding educational opportunities.
3. *At-home call* (or *pager call*) is defined as a call taken from outside the assigned institution.
 - The frequency of at-home call is not subject to the every-third-night limitation.

- Fellows taking at-home call must be provided with one (1) day in seven (7) completely free from all educational and clinical responsibilities averaged over a four-week period.
- When fellows are called into the hospital from home, the hours they spend in-house are counted toward the 80-hour limit.
- The program director and the faculty must monitor the demands of at-home call in their programs, and make scheduling adjustments as necessary to mitigate excessive service demands and/or fatigue.